



Jesus said in Luke 21:9 "When you hear of wars and disturbances, **do not be terrified**; for these things must take place first, but the end does not follow immediately."

We are living in days where we are seeing turmoil between nations, experiencing the pandemic, earthquakes, etc but we as children of God are not to be terrified with these things. We need to be strong in the Lord and put absolute trust in Him alone.

There are 366 verses from the Bible for each day which helps us to cast out all fears and anxiety. All 366 verses do not have the word "Do not fear" but helps us to be strong in a God; who is in control of every circumstance in our life. There are verses to help you when you are afraid, when you are sick, when you are afraid of death and promises in Bible which we can hold on to when we are faced with various trials, temptations and uncertainties.

May this be a blessing to each of you.

## DAY 1

### Genesis 15:1

After these things the word of the LORD came to Abram in a vision, saying, "**Do not fear**, Abram, I am a shield to you; Your reward shall be very great."

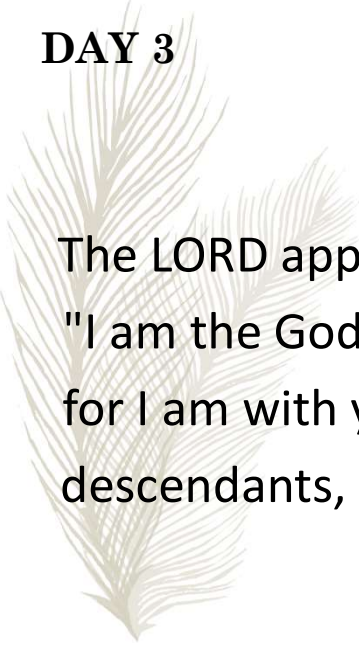
## DAY 2

### Genesis 21:17

God heard the lad crying; and the angel of God called to Hagar from heaven and said to her, "What is the matter with you, Hagar? **Do not fear**, for God has heard the voice of the lad where he is.

### DAY 3

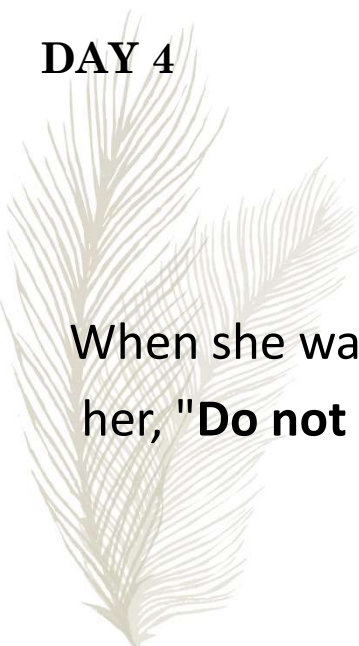
Genesis 26:24



The LORD appeared to him the same night and said, "I am the God of your father Abraham; **Do not fear**, for I am with you. I will bless you, and multiply your descendants, For the sake of My servant Abraham."

### DAY 4

Genesis 35:17



When she was in severe labour the midwife said to her, "**Do not fear**, for now you have another son."

## DAY 5

Genesis 43:23

He said, "Be at ease, **do not be afraid**. Your God and the God of your father has given you treasure in your sacks; I had your money." Then he brought Simeon out to them.

## DAY 6

Genesis 46:3

He said, "I am God, the God of your father; **do not be afraid** to go down to Egypt, for I will make you a great nation there.

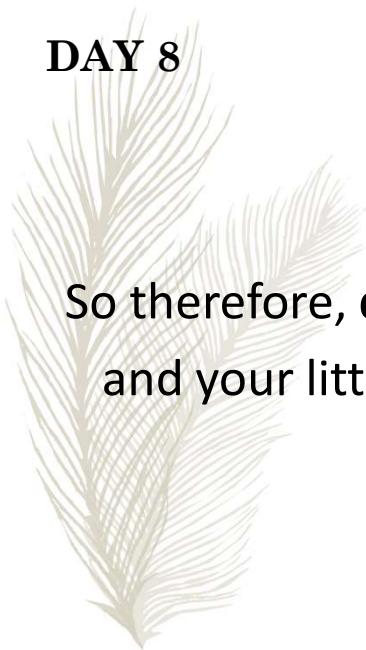
## DAY 7



Genesis 50:19

But Joseph said to them, "**Do not be afraid**, for am I in God's place?"

## DAY 8

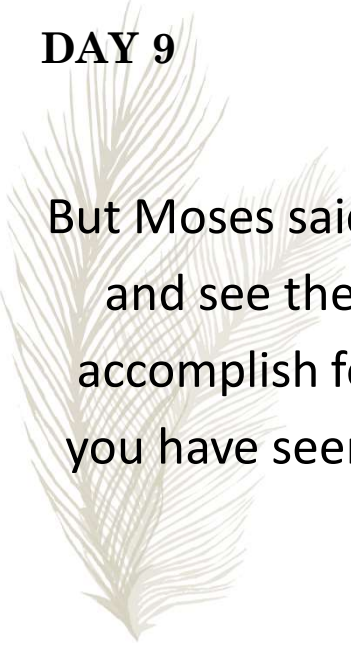


Genesis 50:21

So therefore, **do not be afraid**; I will provide for you and your little ones." So he comforted them and spoke kindly to them.

## DAY 9

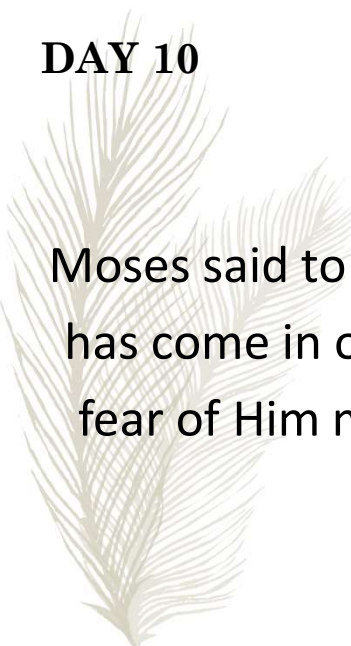
Exodus 14:13



But Moses said to the people, "**Do not fear!** Stand by and see the salvation of the LORD which He will accomplish for you today; for the Egyptians whom you have seen today, you will never see them again forever .

## DAY 10

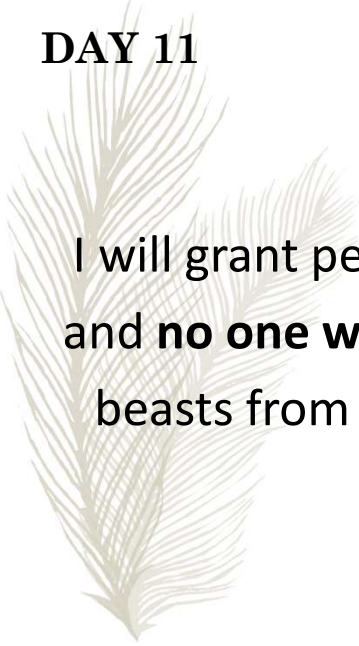
Exodus 20:20



Moses said to the people, "**Do not be afraid;** for God has come in order to test you, and in order that the fear of Him may remain with you, so that you may not sin.

## DAY 11

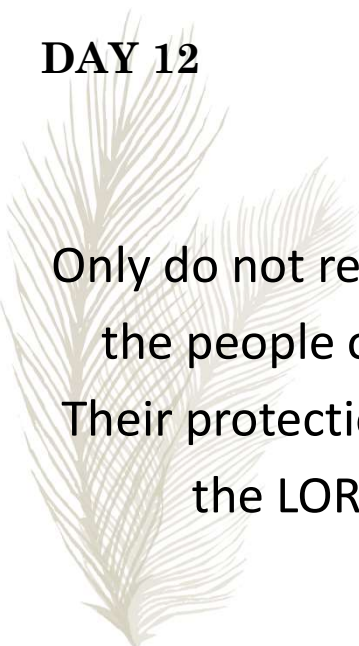
Leviticus 26:6



I will grant peace in the land, and you will lie down and **no one will make you afraid**. I will remove wild beasts from the land and the sword will not pass through your country.

## DAY 12

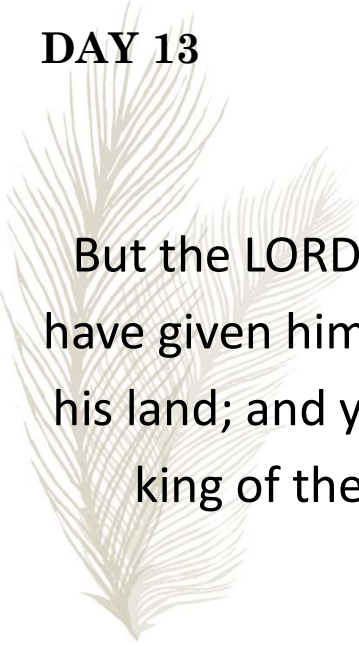
Numbers 14:9



Only do not rebel against the LORD ; and **do not fear** the people of the land, for they will be our prey. Their protection has been removed from them, and the LORD is with us; **do not fear them.**"

## DAY 13

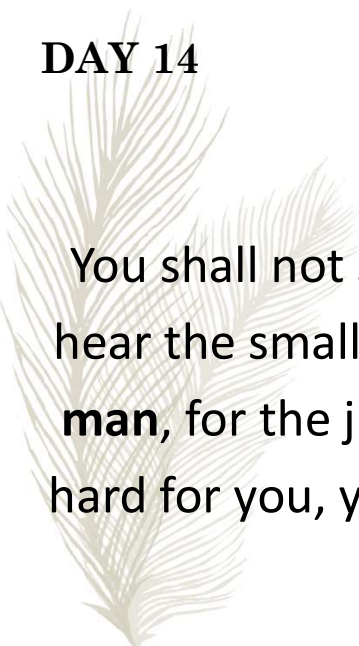
Numbers 21:34



But the LORD said to Moses, "**Do not fear** him, for I have given him into your hand, and all his people and his land; and you shall do to him as you did to Sihon, king of the Amorites, who lived at Heshbon."

## DAY 14

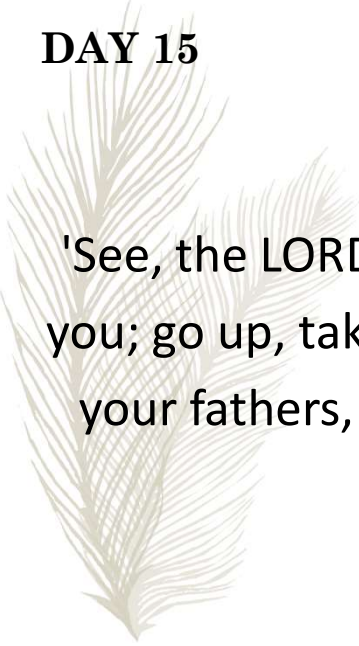
Deuteronomy 1:17



You shall not show partiality in judgment; you shall hear the small and the great alike. **You shall not fear man**, for the judgment is God's. The case that is too hard for you, you shall bring to me, and I will hear it.'

## DAY 15

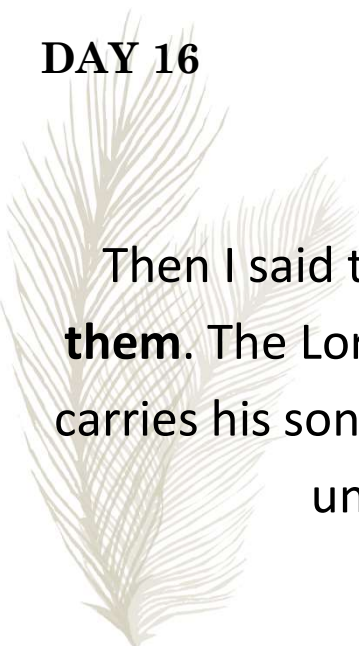
### Deuteronomy 1:21



'See, the LORD your God has placed the land before you; go up, take possession, as the LORD , the God of your fathers, has spoken to you. **Do not fear or be dismayed.**'

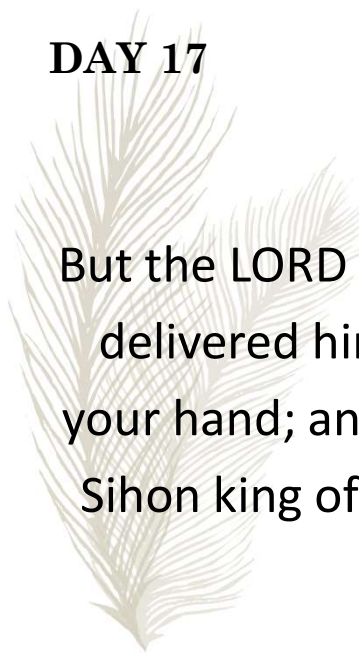
## DAY 16

### Deuteronomy 1:29-30



Then I said to you, '**Do not be shocked, nor fear them.** The Lord your God carried you, just as a man carries his son, in all the way which you have walked until you came to this place'.

## DAY 17



### Deuteronomy 3:2

But the LORD said to me, '**Do not fear** him, for I have delivered him and all his people and his land into your hand; and you shall do to him just as you did to Sihon king of the Amorites, who lived at Heshbon.'

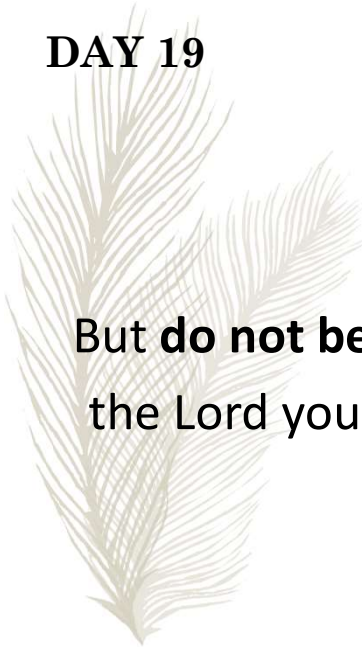
## DAY 18



### Deuteronomy 3:22

**Do not fear** them, for the LORD your God is the one fighting for you.'

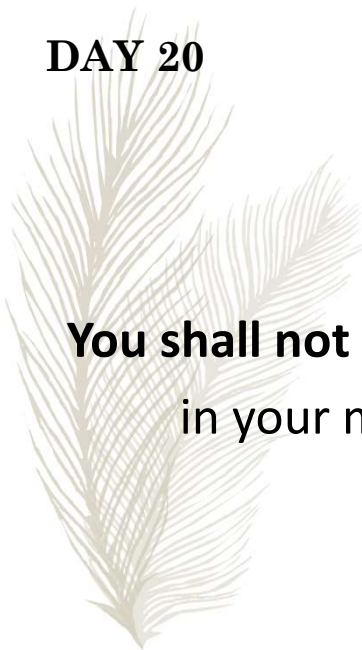
## DAY 19



Deuteronomy 7:18

But **do not be afraid** of them; remember well what the Lord your God did to Pharaoh and to all Egypt

## DAY 20

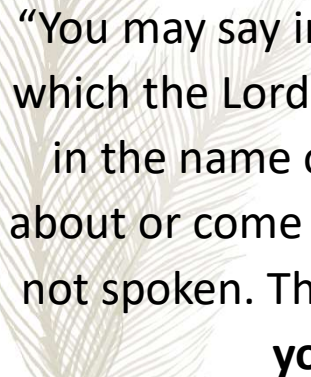


Deuteronomy 7:21

**You shall not dread them**, for the LORD your God is in your midst, a great and awesome God.

## DAY 21

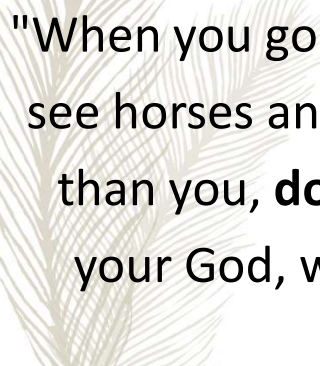
Deuteronomy 18:21-22



“You may say in your heart, ‘How will we know the word which the Lord has not spoken?’ When a prophet speaks in the name of the LORD, if the thing does not come about or come true, that is the thing which the LORD has not spoken. The prophet has spoken it presumptuously; **you shall not be afraid of him.**”

## DAY 22

Deuteronomy 20:1



"When you go out to battle against your enemies and see horses and chariots and people more numerous than you, **do not be afraid of them**; for the LORD your God, who brought you up from the land of Egypt, is with you.

## DAY 23

Deuteronomy 20:3

"He shall say to them, 'Hear, O Israel, you are approaching the battle against your enemies today.

**Do not be fainthearted . Do not be afraid, or panic, or tremble before them,**

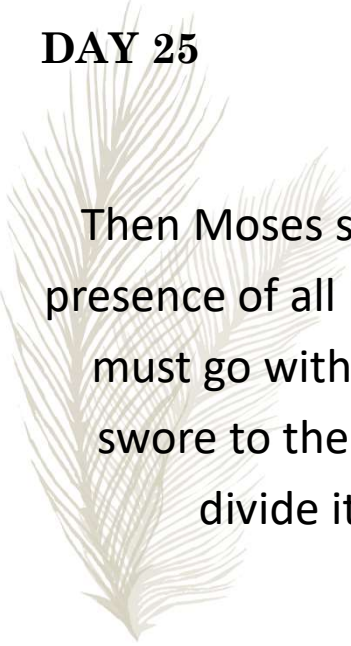
## DAY 24

Deuteronomy 31:6

Be strong and courageous, **do not be afraid or tremble at them,** for the LORD your God is the one who goes with you. He will not fail you or forsake you."

## DAY 25

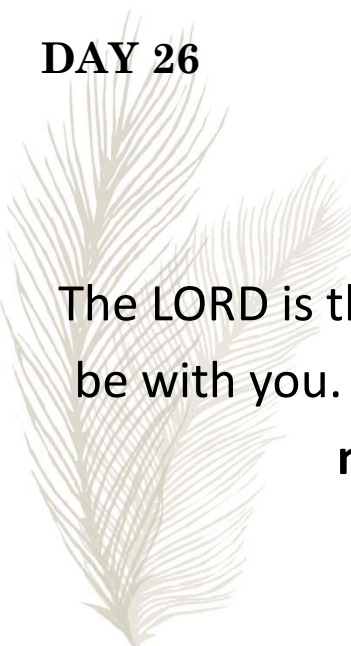
### Deuteronomy 31:7



Then Moses summoned Joshua and said to him in the presence of all Israel, “**Be strong and courageous**, for you must go with this people into the land that the LORD swore to their ancestors to give them, and you must divide it among them as their inheritance.

## DAY 26

### Deuteronomy 31:8



The LORD is the one who goes ahead of you; He will be with you. He will not fail you or forsake you. **Do not fear or be dismayed.**”

## DAY 27

Deuteronomy 31:23

The LORD gave this command to Joshua son of Nun:

**“Be strong and courageous,** for you will bring the Israelites into the land I promised them on oath, and I myself will be with you.”

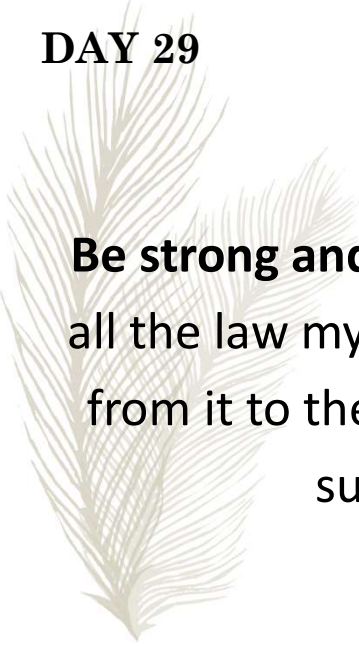
## DAY 28

Joshua 1:6

**Be strong and courageous,** because you will lead these people to inherit the land I swore to their ancestors to give them.

## DAY 29

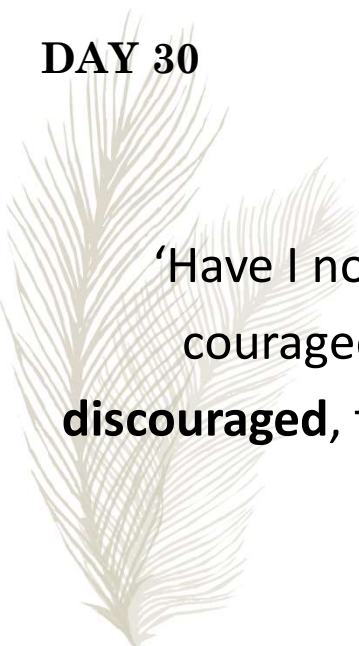
Joshua 1:7



**Be strong and very courageous.** Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go.

## DAY 30

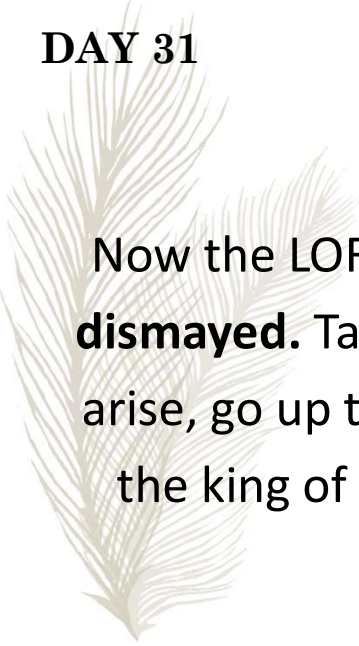
Joshua 1:9



‘Have I not commanded you? Be strong and courageous. **Do not be afraid; do not be discouraged,** for the Lord your God will be with you wherever you go.’

## DAY 31

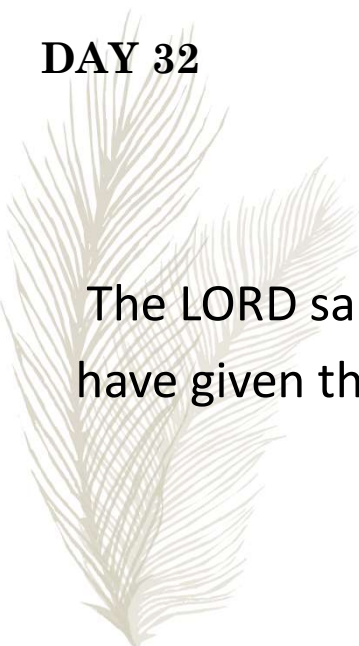
Joshua 8:1



Now the LORD said to Joshua, "**Do not fear or be dismayed.** Take all the people of war with you and arise, go up to Ai; see, I have given into your hand the king of Ai, his people, his city, and his land.

## DAY 32

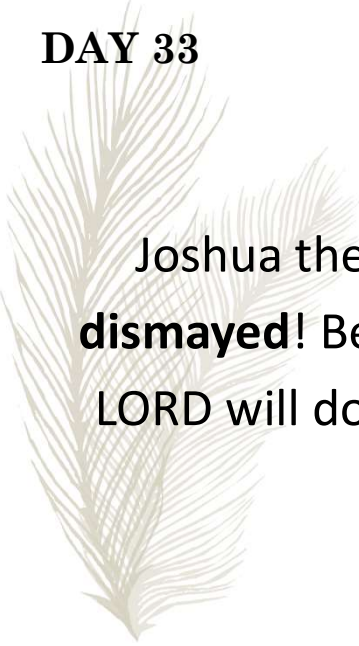
Joshua 10:8



The LORD said to Joshua, "**Do not fear** them, for I have given them into your hands; not one of them shall stand before you."

## DAY 33

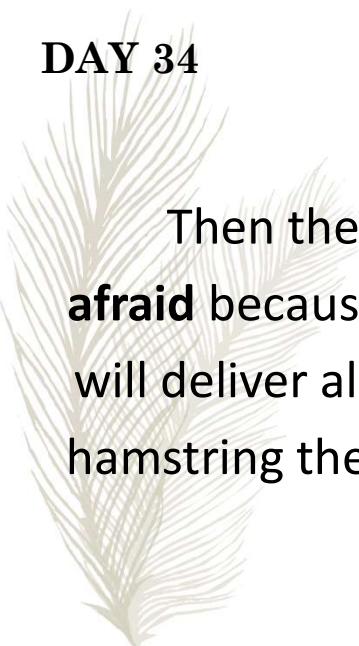
Joshua 10:25



Joshua then said to them, "**Do not fear or be dismayed!** Be strong and courageous, for thus the LORD will do to all your enemies with whom you fight."

## DAY 34

Joshua 11:6



Then the LORD said to Joshua, "**Do not be afraid** because of them, for tomorrow at this time I will deliver all of them slain before Israel; you shall hamstring their horses and burn their chariots with fire."

## DAY 35

Joshua 23:6

**Be very strong;** be careful to obey all that is written in the Book of the Law of Moses, without turning aside to the right or to the left.

## DAY 36

Judges 6:10

and I said to you, "I am the LORD your God; **you shall not fear** the gods of the Amorites in whose land you live. But you have not obeyed Me."

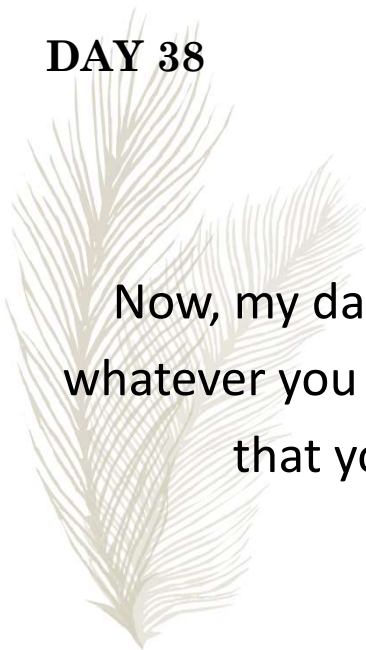
## DAY 37



Judges 6:23

The LORD said to him, "Peace to you, **do not fear**; you shall not die."

## DAY 38

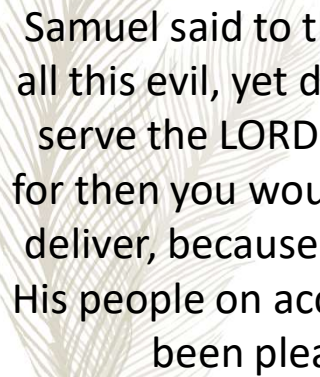


Ruth 3:11

Now, my daughter, **do not fear**. I will do for you whatever you ask, for all my people in the city know that you are a woman of excellence.

## DAY 39

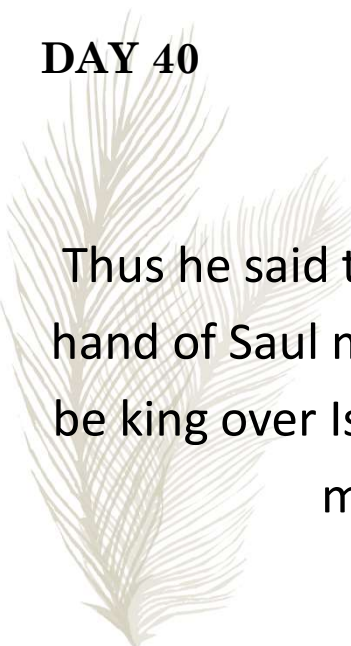
1 Samuel 12:20

A decorative graphic of a feather, rendered in a light, muted green color, is positioned on the left side of the text block. It has a central rachis with numerous fine barbs extending outwards, creating a soft, textured appearance.

Samuel said to the people, "**Do not fear**. You have committed all this evil, yet do not turn aside from following the LORD, but serve the LORD with all your heart. You must not turn aside, for then you would go after futile things which cannot profit or deliver, because they are futile. For the Lord will not abandon His people on account of His great name, because the Lord has been pleased to make you a people for Himself.

## DAY 40

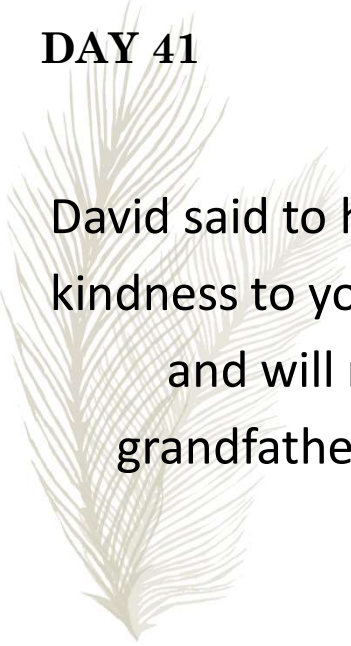
1 Samuel 23:17

A decorative graphic of a feather, rendered in a light, muted green color, is positioned on the left side of the text block. It has a central rachis with numerous fine barbs extending outwards, creating a soft, textured appearance.

Thus he said to him, "**Do not be afraid**, because the hand of Saul my father will not find you, and you will be king over Israel and I will be next to you; and Saul my father knows that also."

## DAY 41

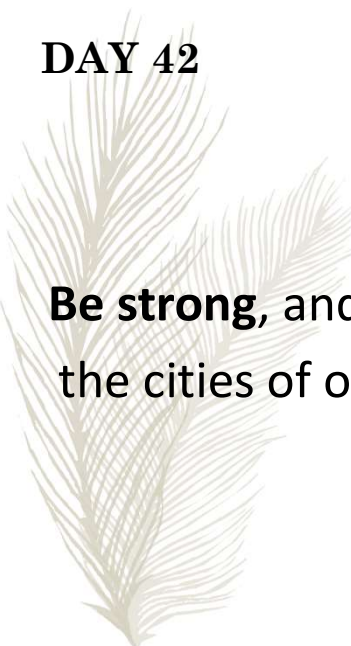
2 Samuel 9:7



David said to him, "**Do not fear**, for I will surely show kindness to you for the sake of your father Jonathan, and will restore to you all the land of your grandfather Saul; and you shall eat at my table regularly."

## DAY 42

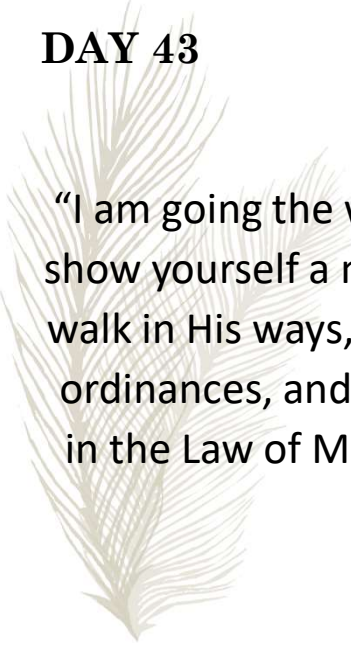
2 Samuel 10:12



**Be strong**, and let us fight bravely for our people and the cities of our God. The LORD will do what is good in his sight."

## DAY 43

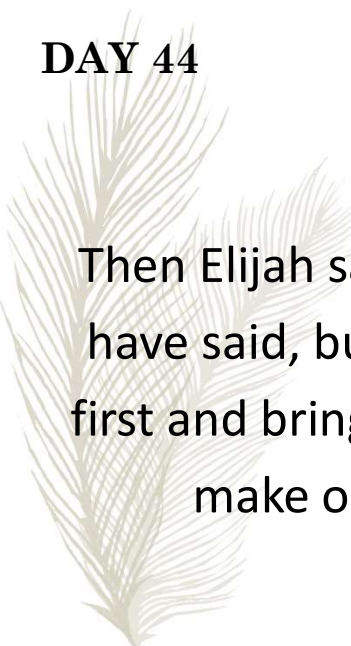
1 Kings 2:2-3



“I am going the way of all the earth. **Be strong**, therefore, and show yourself a man. Keep the charge of the Lord your God, to walk in His ways, to keep His statutes, His commandments, His ordinances, and His testimonies, according to what is written in the Law of Moses, that you may succeed in all that you do and wherever you turn

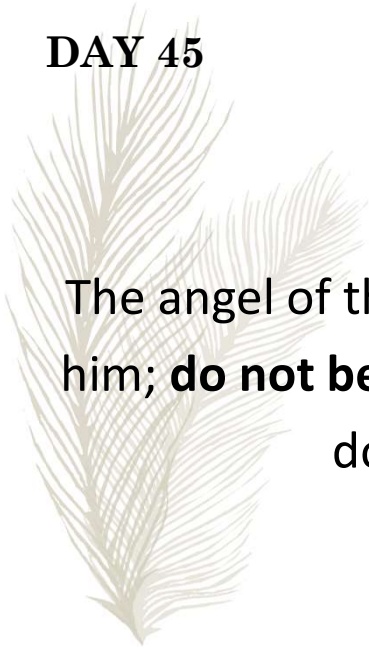
## DAY 44

1 Kings 17:13



Then Elijah said to her, "**Do not fear**; go, do as you have said, but make me a little bread cake from it first and bring it out to me, and afterward you may make one for yourself and for your son.

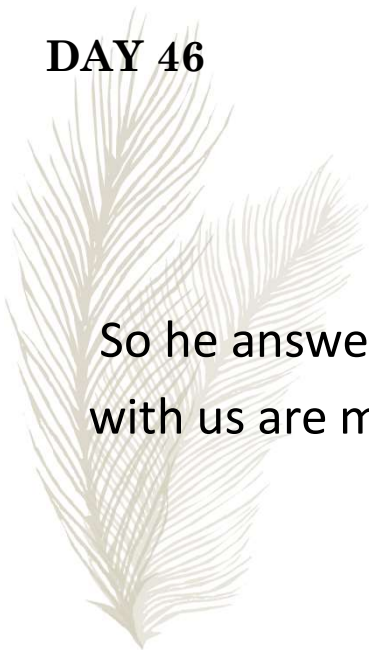
## DAY 45



2 Kings 1:15

The angel of the LORD said to Elijah, "Go down with him; **do not be afraid** of him." So he arose and went down with him to the king.

## DAY 46



2 Kings 6:16

So he answered, "**Do not fear**, for those who are with us are more than those who are with them."

## DAY 47

2 Kings 17:35

with whom the LORD made a covenant and commanded them, saying, "**You shall not fear** other gods, nor bow down yourselves to them nor serve them nor sacrifice to them.

## DAY 48

2 Kings 17:37

The statutes and the ordinances and the law and the commandment which He wrote for you, you shall observe to do forever ; and **you shall not fear** other gods.

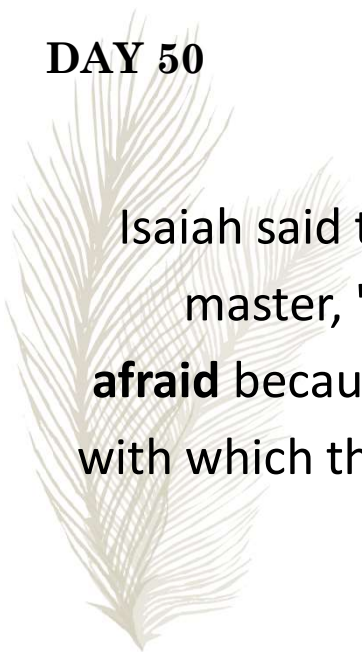
## DAY 49



2 Kings 17:38

The covenant that I have made with you, you shall not forget, **nor shall you fear** other gods.

## DAY 50



2 Kings 19:6

Isaiah said to them, "Thus you shall say to your master, 'Thus says the LORD , "**Do not be afraid** because of the words that you have heard, with which the servants of the king of Assyria have blasphemed Me.

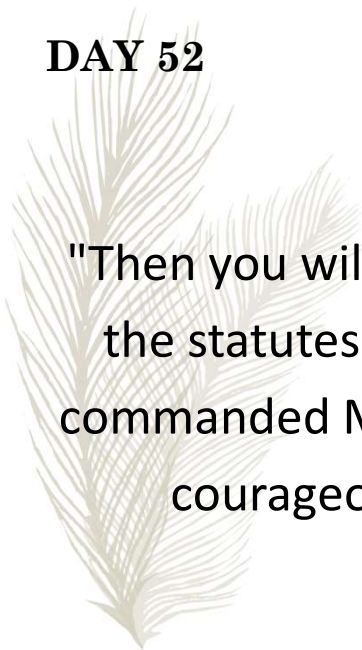
## DAY 51



1 Chronicles 19:13

**Be strong**, and let us fight bravely for our people and the cities of our God. The LORD will do what is good in his sight.”

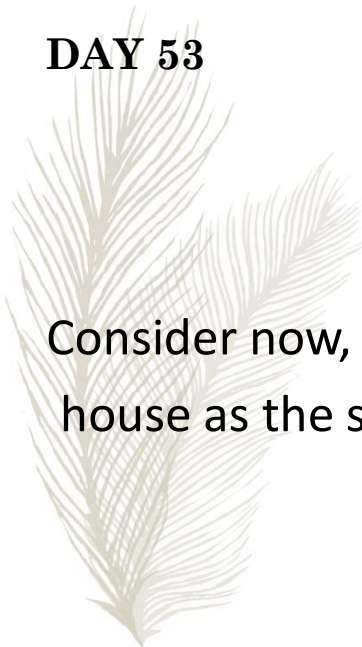
## DAY 52



1 Chronicles 22:13

"Then you will prosper, if you are careful to observe the statutes and the ordinances which the LORD commanded Moses concerning Israel. Be strong and courageous, **do not fear** nor be dismayed.

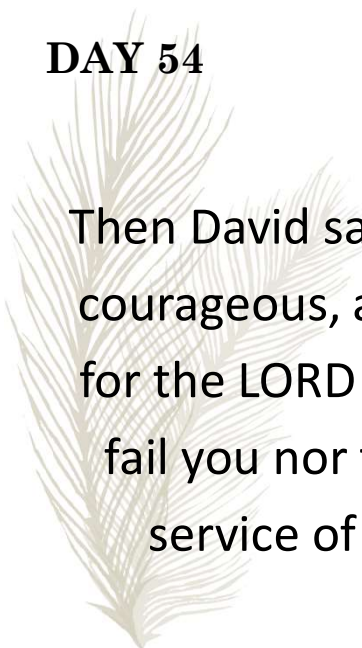
## DAY 53



1 Chronicles 28:10

Consider now, for the LORD has chosen you to build a house as the sanctuary. **Be strong** and do the work.”

## DAY 54

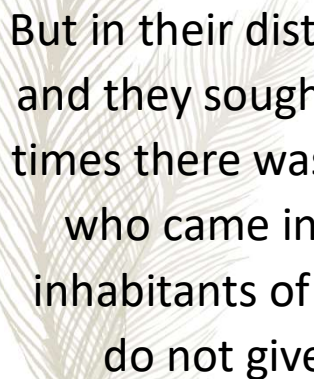


1 Chronicles 28:20

Then David said to his son Solomon, "Be strong and courageous, and act; **do not fear** nor be dismayed, for the LORD God, my God, is with you. He will not fail you nor forsake you until all the work for the service of the house of the LORD is finished.

## DAY 55

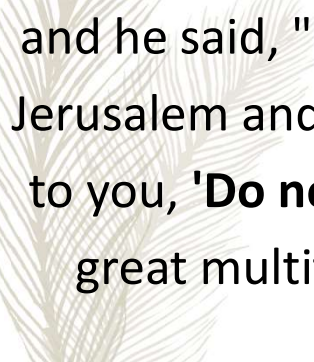
2 Chronicles 15:4,5,7



But in their distress they turned to the Lord God of Israel, and they sought Him, and He let them find Him. In those times there was no peace to him who went out or to him who came in, for many disturbances afflicted all the inhabitants of the lands... But as for you, **be strong** and do not give up, for your work will be rewarded.”

## DAY 56

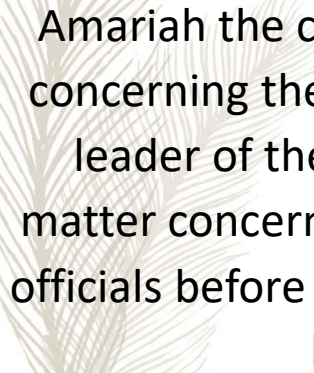
2 Chronicles 20:15



and he said, "Listen, all Judah and the inhabitants of Jerusalem and King Jehoshaphat: thus says the LORD to you, '**Do not fear** or be dismayed because of this great multitude, **for the battle is not yours but God's.**'

## DAY 57

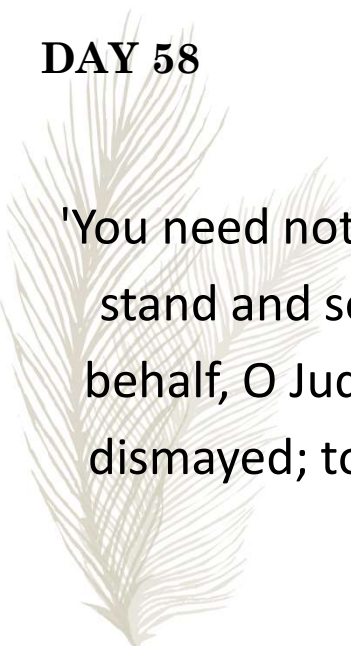
2 Chronicles 19:11



Amariah the chief priest will be over you in any matter concerning the LORD, and Zebadiah son of Ishmael, the leader of the tribe of Judah, will be over you in any matter concerning the king, and the Levites will serve as officials before you. **Act with courage**, and may the LORD be with those who do well.

## DAY 58

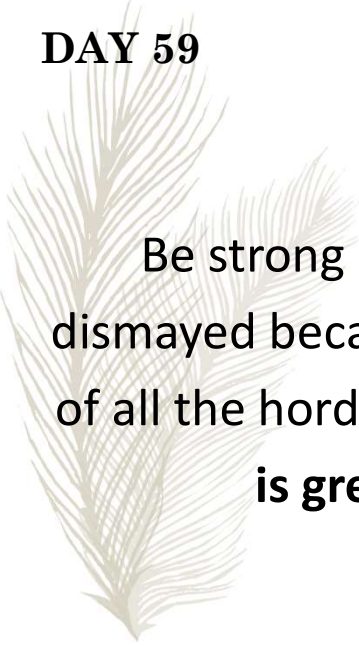
2 Chronicles 20:17



'You need not fight in this battle; station yourselves, stand and see the salvation of the LORD on your behalf, O Judah and Jerusalem.' **Do not fear** or be dismayed; tomorrow go out to face them, for the LORD is with you."

## DAY 59

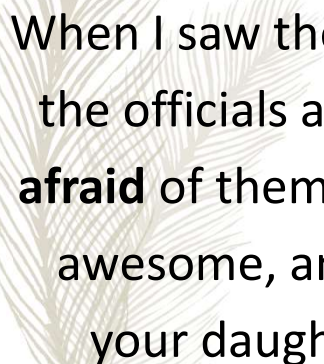
2 Chronicles 32:7



Be strong and courageous, **do not fear** or be dismayed because of the king of Assyria nor because of all the horde that is with him; **for the one with us is greater than the one with him.**

## DAY 60

Nehemiah 4:14



When I saw their fear, I rose and spoke to the nobles, the officials and the rest of the people: "**Do not be afraid** of them; remember the Lord who is great and awesome, and fight for your brothers, your sons, your daughters, your wives and your houses."

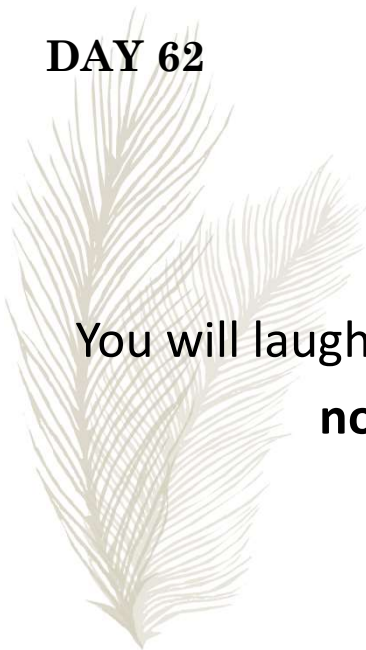
## DAY 61



Job 5:21

You will be protected from the last of the tongue,  
and **need not fear** when destruction comes.

## DAY 62



Job 5:22

You will laugh at violence and famine, And **you will  
not be afraid** of wild beasts.

## DAY 63



Job 11:15

then, free of fault, you will lift up your face; **you will stand firm and without fear.**

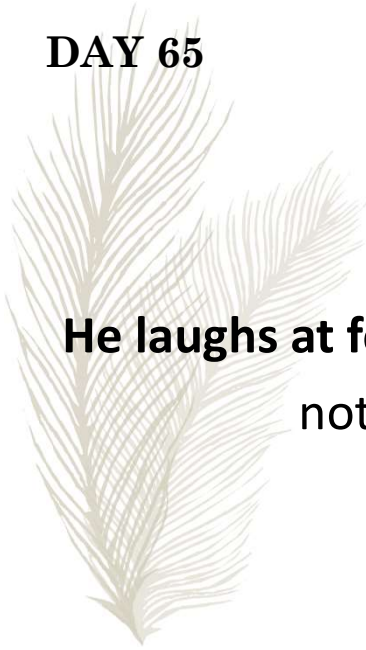
## DAY 64



Job 21:9

**Their houses are safe from fear,** And the rod of God is not on them.

**DAY 65**



Job 39:22

**He laughs at fear and is not dismayed;** And he does not turn back from the sword.

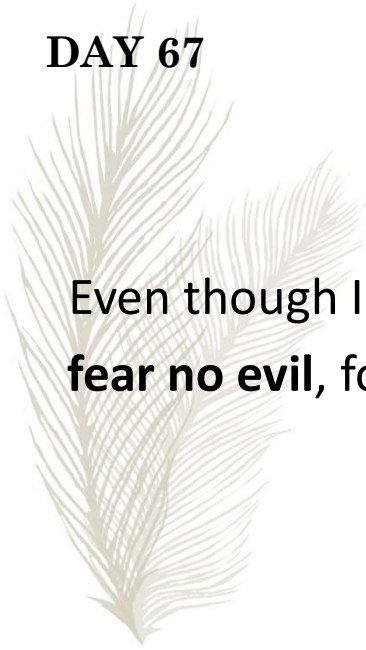
**DAY 66**



Psalm 3:6

**I will not fear** though tens of thousands assail me on every side

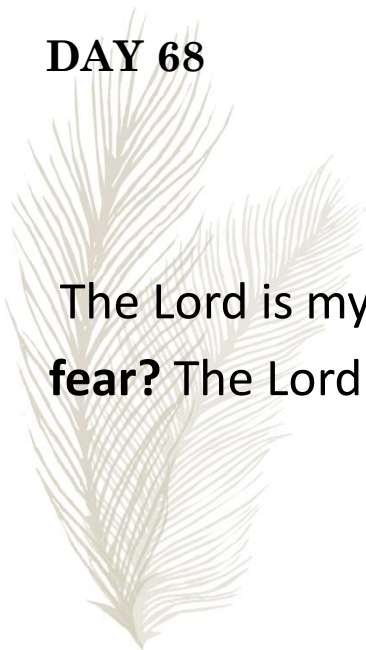
## DAY 67



Psalm 23:4

Even though I walk through the darkest valley, **I will fear no evil**, for you are with me; your rod and your staff they comfort me.

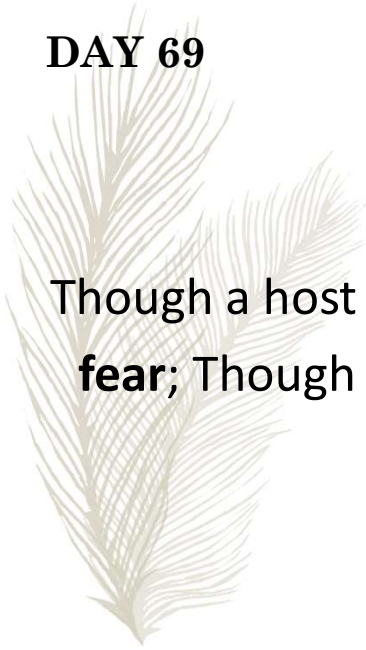
## DAY 68



Psalm 27:1

The Lord is my light and my salvation – **whom shall I fear?** The Lord is the stronghold of my life – of **whom shall I be afraid?**

## DAY 69



Psalm 27:3

Though a host encamp against me, **My heart will not fear**; Though war arise against me, In spite of this I shall be confident.

## DAY 70



Psalm 27:14

Wait for the LORD; **be strong** and take heart and wait for the LORD.

**DAY 71**



Psalm 34:4

I sought the LORD, and he answered me; **He delivered me from all my fears.**

**DAY 72**



Psalm 31:24

**Be strong** and take heart, all you who hope in the LORD.

**DAY 73**



Psalm 37:1

**Do not fret** because of evildoers, Be not envious toward wrongdoers.

**DAY 74**



Psalm 37:7

Rest in the LORD and wait patiently for Him; **Do not fret** because of him who prospers in his way, Because of the man who carries out wicked schemes.

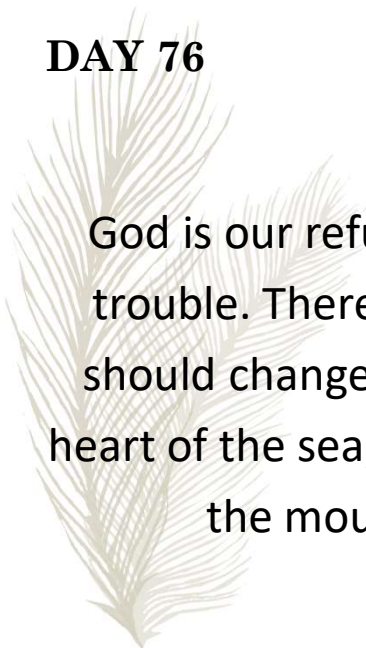
## DAY 75



Psalm 37:8

Cease from anger and forsake wrath; **Do not fret**; it leads only to evildoing.

## DAY 76

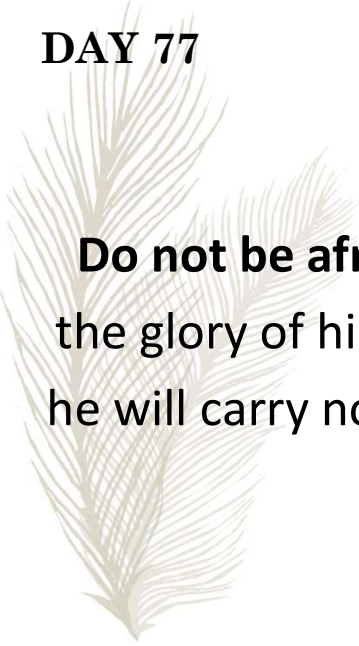


Psalm 46:1-3

God is our refuge and strength, A very present help in trouble. Therefore **we will not fear**, though the earth should change and though the mountains slip into the heart of the sea; though its waters roar and foam, though the mountains quake at its swelling pride.

## DAY 77

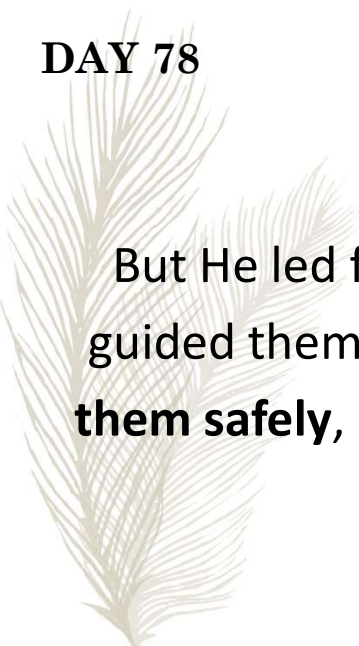
Psalm 49:16-17



**Do not be afraid** when a man becomes rich, when the glory of his house is increased; For when he dies he will carry nothing away; His glory will not descend after him.

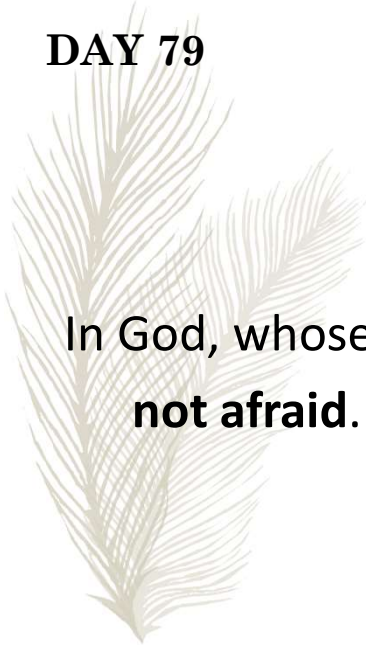
## DAY 78

Psalm 78:52-53



But He led forth His own people like sheep and guided them in the wilderness like a flock; **He led them safely, so that they did not fear**; But the sea engulfed their enemies.

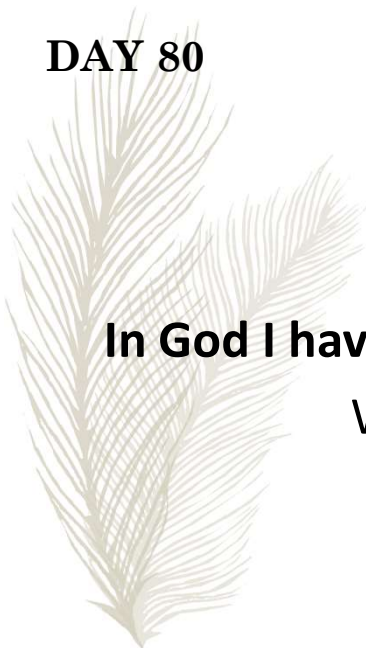
**DAY 79**



Psalm 56:4

In God, whose word I praise – **in God I trust and am not afraid.** What can mere mortals do to me?

**DAY 80**



Psalm 56:11

**In God I have put my trust, I shall not be afraid.**  
What can man do to me?

**DAY 81**



Psalm 91:5

**You will not fear** the terror of night, nor the arrow  
that flies by day,

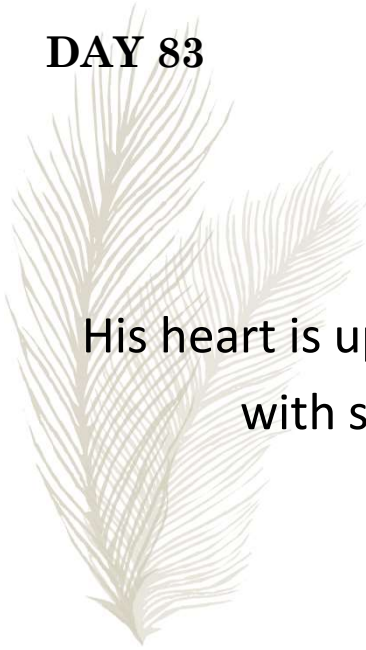
**DAY 82**



Psalm 112:7

**He will not fear** evil tidings; His heart is steadfast,  
trusting in the LORD .

**DAY 83**



Psalm 112:8

His heart is upheld, **he will not fear**, Until he looks  
with satisfaction on his adversaries.

**DAY 84**



Psalm 118:6

The LORD is for me; **I will not fear**; What can man do  
to me?

## DAY 85



Proverbs 3:24

When you lie down, **you will not be afraid**; when you lie down, your sleep will be sweet.

## DAY 86



Proverbs 3:25

**Do not be afraid** of sudden fear Nor of the onslaught of the wicked when it comes;

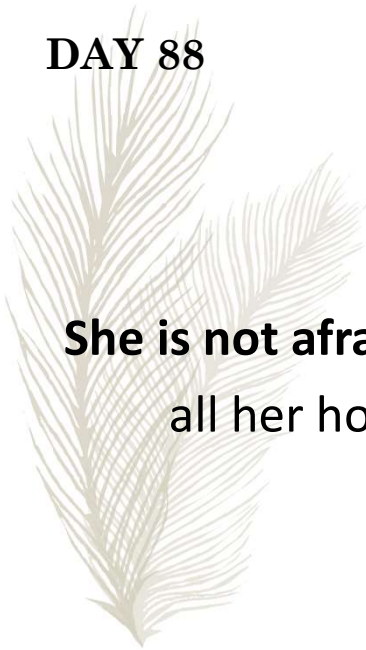
**DAY 87**



Proverbs 24:19

**Do not fret** because of evildoers Or be envious of the wicked;

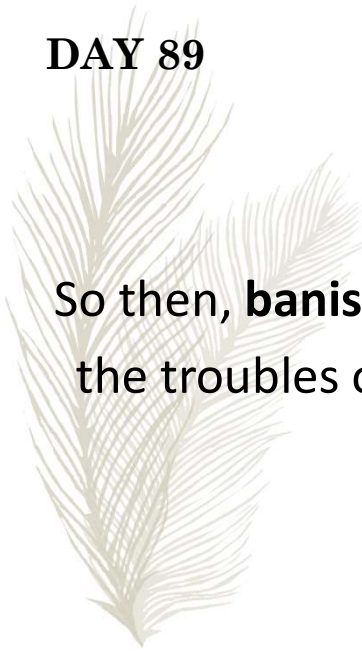
**DAY 88**



Proverbs 31:21

**She is not afraid** of the snow for her household, For all her household are clothed with scarlet.

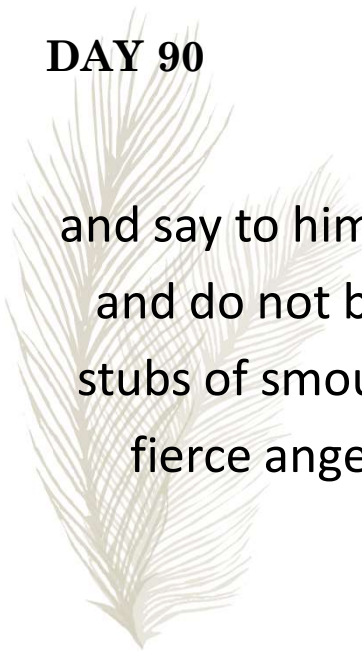
## DAY 89



Ecclesiastes 11:10

So then, **banish anxiety from your heart** and cast off the troubles of your body, for youth and vigour are meaningless.

## DAY 90



Isaiah 7:4

and say to him, 'Take care and be calm, **have no fear** and do not be fainthearted because of these two stubs of smouldering firebrands, on account of the fierce anger of Rezin and Aram and the son of Remaliah.

## DAY 91

Isaiah 8:12

You are not to say, 'It is a conspiracy!' In regard to all that this people call a conspiracy, **And you are not to fear what they fear or be in dread of it.**

## DAY 92

Isaiah 10:24

Therefore thus says the Lord GOD of hosts, "O My people who dwell in Zion, **do not fear** the Assyrian who strikes you with the rod and lifts up his staff against you, the way Egypt did.

## DAY 93

Isaiah 12:2

Surely God is my salvation; **I will trust and not be afraid.** The Lord, the Lord himself, is my strength and my defence; he has become my salvation.'

## DAY 94

Isaiah 31:4

For thus says the LORD to me, "As the lion or the young lion growls over his prey, Against which a band of shepherds is called out, And **he will not be terrified** at their voice nor disturbed at their noise, So will the LORD of hosts come down to wage war on Mount Zion and on its hill."

## DAY 95

Isaiah 35:4

Say to those with anxious heart, "**Take courage, fear not.** Behold, your God will come with vengeance; The recompense of God will come, But He will save you."

## DAY 96

Isaiah 37:6

Isaiah said to them, "Thus you shall say to your master, 'Thus says the LORD , "**Do not be afraid** because of the words that you have heard, with which the servants of the king of Assyria have blasphemed Me.

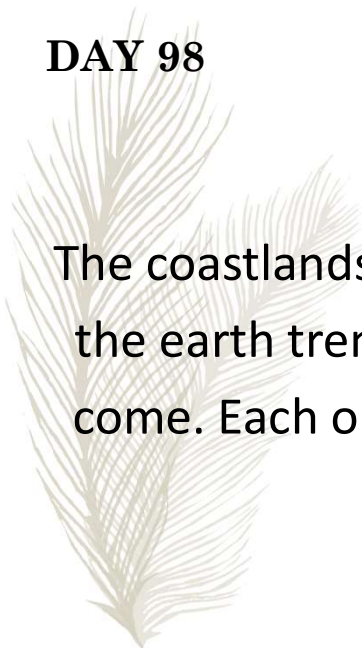
## DAY 97



Isaiah 40: 9

Get yourself up on a high mountain, O Zion, bearer of good news, Lift up your voice mightily, O Jerusalem, bearer of good news; Lift it up, **do not fear.**

## DAY 98

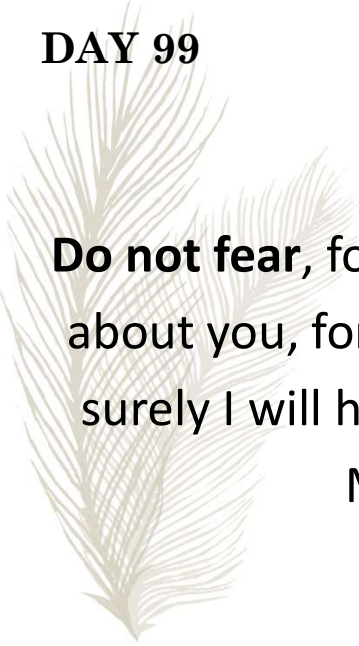


Isaiah 41:5-6

The coastlands have seen and are afraid; The ends of the earth tremble; They have drawn near and have come. Each one helps his neighbour and says to his brother, “**Be strong!**”

## DAY 99

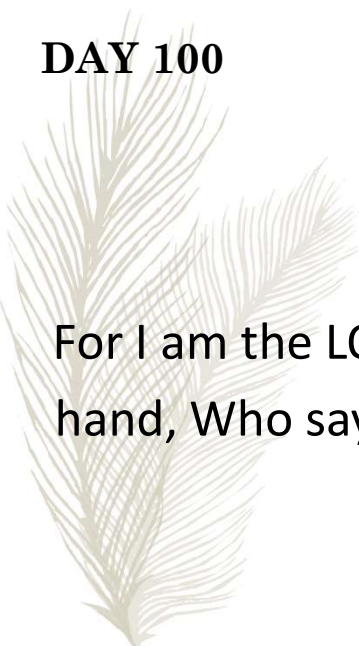
Isaiah 41:10



**Do not fear**, for I am with you; Do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, Surely I will uphold you with My righteous right hand.'

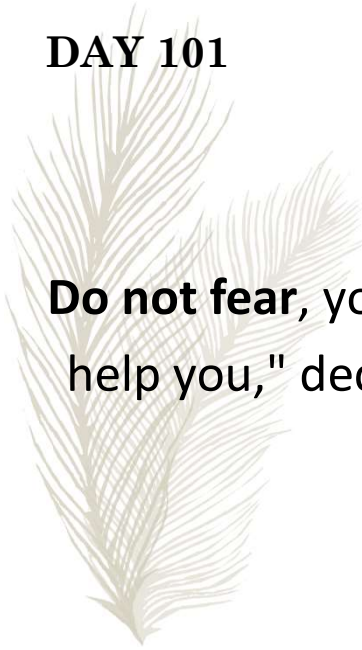
## DAY 100

Isaiah 41:13



For I am the LORD your God, who upholds your right hand, Who says to you, '**Do not fear**, I will help you.'

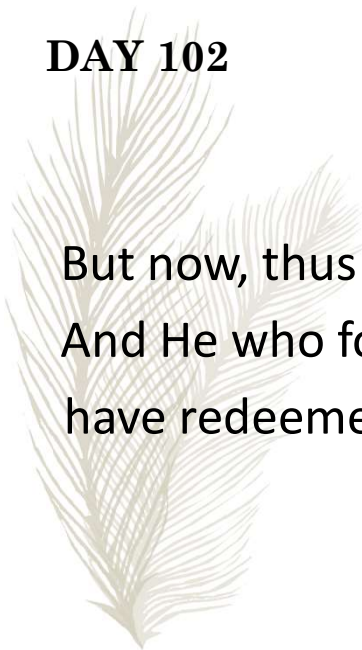
## DAY 101



Isaiah 41:14

**Do not fear**, you worm Jacob, you men of Israel; I will help you," declares the LORD , "and your Redeemer is the Holy One of Israel.

## DAY 102



Isaiah 43:1

But now, thus says the LORD , your Creator, O Jacob, And He who formed you, O Israel, "**Do not fear**, for I have redeemed you; I have called you by name; you are Mine!

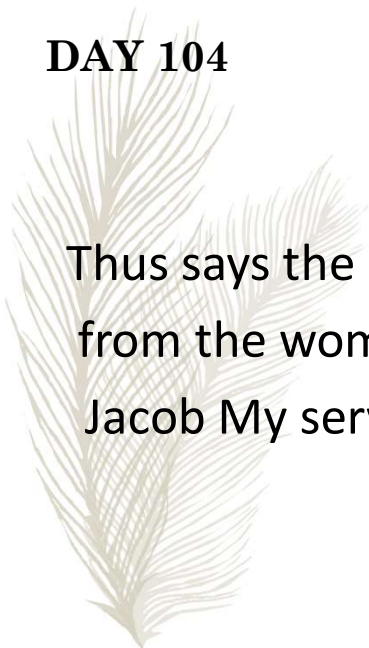
## DAY 103



Isaiah 43:5

**Do not fear**, for I am with you; I will bring your offspring from the east, And gather you from the west.

## DAY 104



Isaiah 44:2

Thus says the LORD who made you And formed you from the womb, who will help you, '**Do not fear**, O Jacob My servant; And you Jeshurun whom I have chosen

## DAY 105

Isaiah 44:8

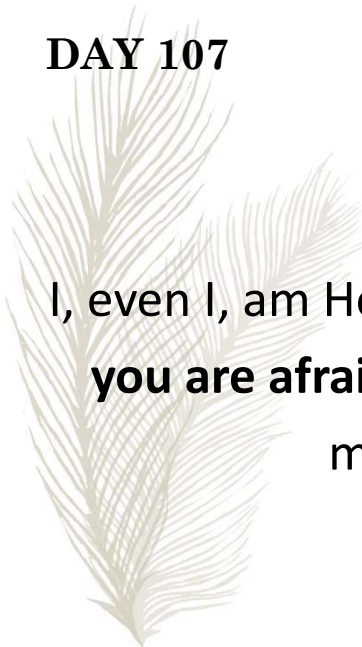
'Do not tremble and **do not be afraid**; Have I not long since announced it to you and declared it? And you are My witnesses. Is there any God besides Me, Or is there any other Rock? I know of none.'

## DAY 106

Isaiah 51:7

Listen to Me, you who know righteousness, A people in whose heart is My law; **Do not fear** the reproach of man, Nor be dismayed at their reviling.

## DAY 107



Isaiah 51:12

I, even I, am He who comforts you. **Who are you that you are afraid of man** who dies And of the son of man who is made like grass

## DAY 108



Isaiah 54: 4

**Fear not**, for you will not be put to shame; And do not feel humiliated, for you will not be disgraced; But you will forget the shame of your youth, And the reproach of your widowhood you will remember no more.

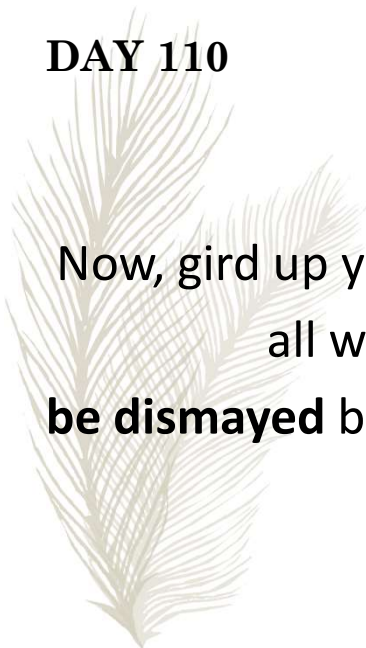
## DAY 109



Isaiah 54:14

In righteousness you will be established; You will be far from oppression, for **you will not fear**; And from terror, for it will not come near you.

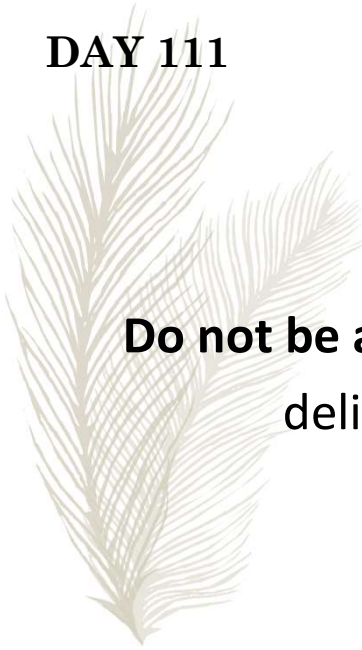
## DAY 110



Jeremiah 1:17

Now, gird up your loins and arise, and speak to them all which I command you. **Do not be dismayed** before them, or I will dismay you before them.

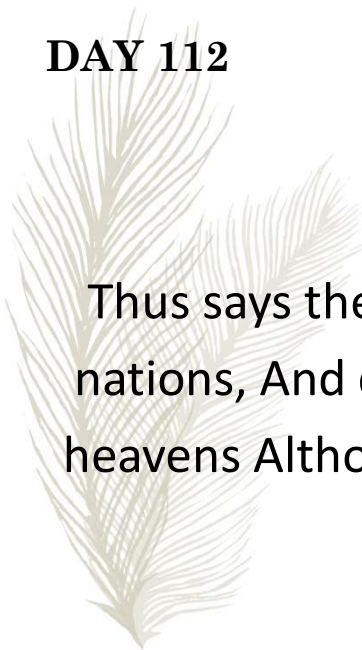
## DAY 111



Jeremiah 1:8

**Do not be afraid** of them, For I am with you to deliver you," declares the LORD

## DAY 112

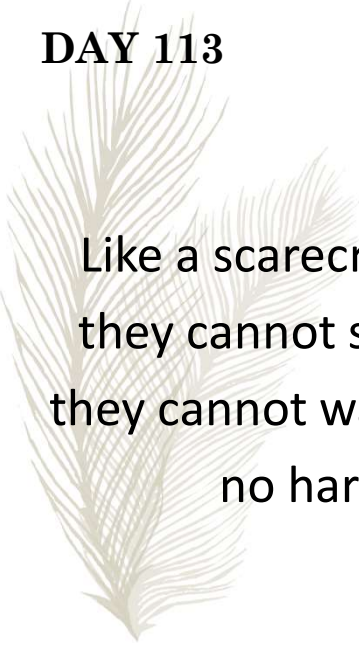


Jeremiah 10:2

Thus says the LORD , "Do not learn the way of the nations, And **do not be terrified** by the signs of the heavens Although the nations are terrified by them;

## DAY 113

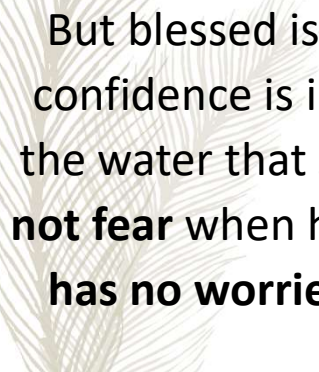
Jeremiah 10:5



Like a scarecrow in a cucumber field are they, And they cannot speak; They must be carried, Because they cannot walk! **Do not fear them**, For they can do no harm, Nor can they do any good."

## DAY 114

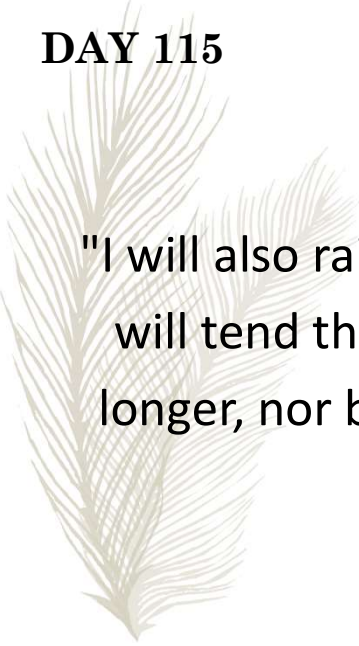
Jeremiah 17:7-8



But blessed is the one who trusts in the LORD, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. **It does not fear** when heat comes; its leaves are always green. **It has no worries** in a year of drought and never fails to bear fruit."

## DAY 115

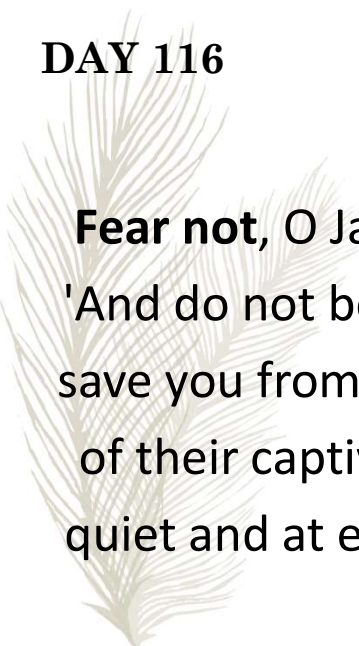
Jeremiah 23:4



"I will also raise up shepherds over them and they will tend them; and **they will not be afraid** any longer, nor be terrified, nor will any be missing," declares the LORD

## DAY 116

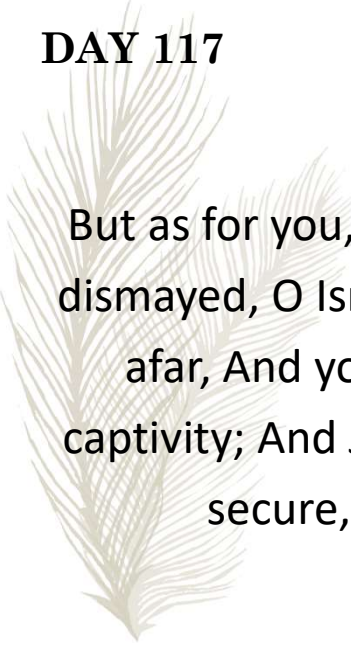
Jeremiah 30:10



**Fear not**, O Jacob My servant,' declares the LORD , 'And do not be dismayed, O Israel; For behold, I will save you from afar And your offspring from the land of their captivity. And Jacob will return and will be quiet and at ease, And no one will make him afraid.

## DAY 117

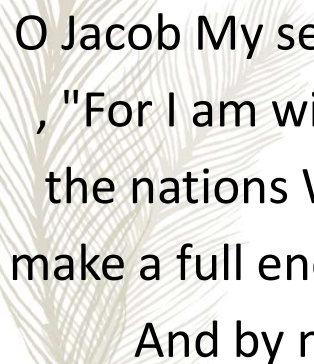
Jeremiah 46:27



But as for you, O Jacob My servant, **do not fear**, Nor be dismayed, O Israel! For, see, I am going to save you from afar, And your descendants from the land of their captivity; And Jacob will return and be undisturbed And secure, with no one making him tremble.

## DAY 118

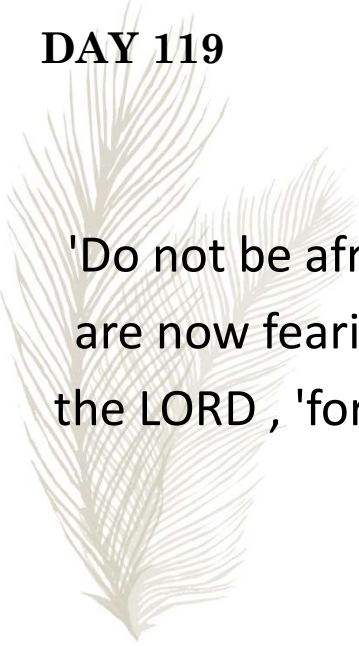
Jeremiah 46:28



O Jacob My servant, **do not fear**," declares the LORD , "For I am with you. For I will make a full end of all the nations Where I have driven you, Yet I will not make a full end of you; But I will correct you properly And by no means leave you unpunished."

## DAY 119

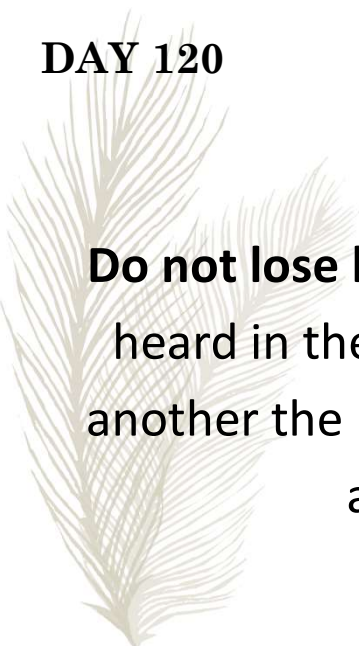
Jeremiah 42:11



'Do not be afraid of the king of Babylon, whom you are now fearing; **do not be afraid** of him,' declares the LORD, 'for I am with you to save you and deliver you from his hand.'

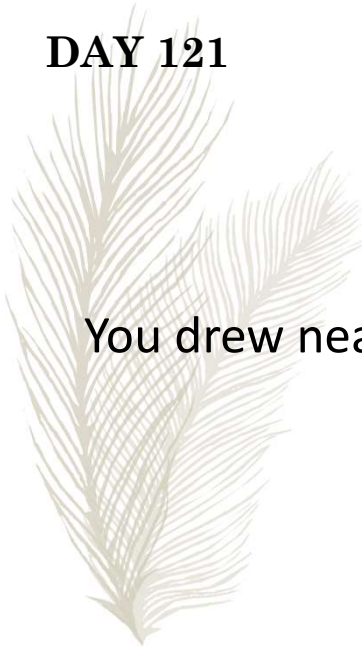
## DAY 120

Jeremiah 51:46



**Do not lose heart or be afraid** when rumours are heard in the land; one rumour comes this year, another the next, rumours of violence in the land and of ruler against ruler.

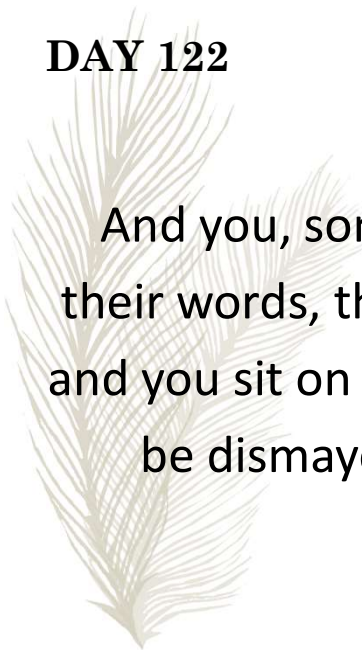
## DAY 121



Lamentations 3:57

You drew near when I called on You; You said, "**Do not fear!**"

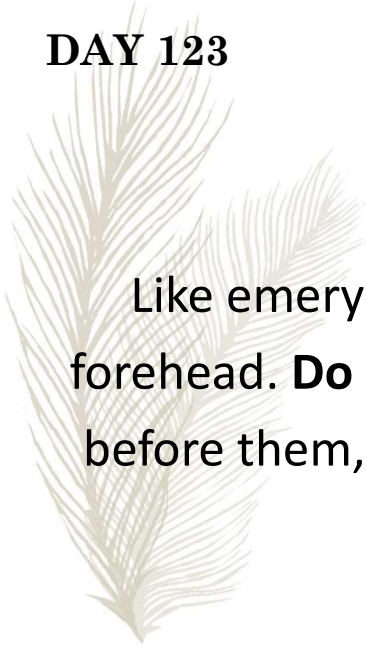
## DAY 122



Ezekiel 2:6

And you, son of man, **neither fear them** nor fear their words, though thistles and thorns are with you and you sit on scorpions; neither fear their words nor be dismayed at their presence, for they are a rebellious house

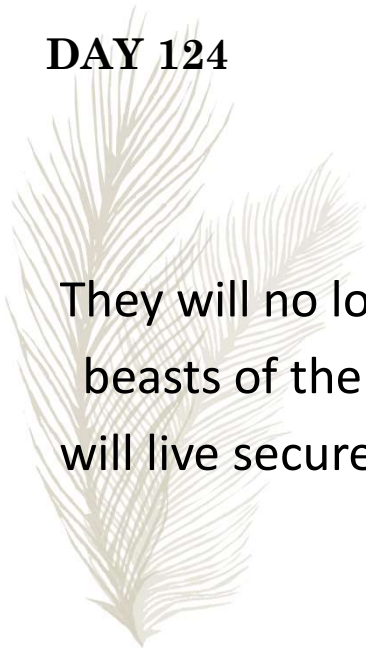
## DAY 123



Ezekiel 3:9

Like emery harder than flint I have made your forehead. **Do not be afraid** of them or be dismayed before them, though they are a rebellious house."

## DAY 124

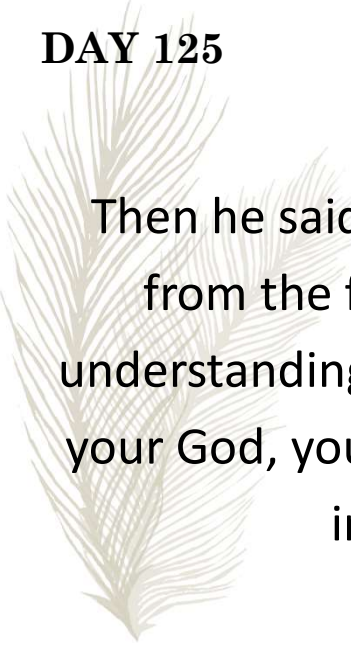


Ezekiel 34:28

They will no longer be a prey to the nations, and the beasts of the earth will not devour them; but they will live securely, and **no one will make them afraid.**

## DAY 125

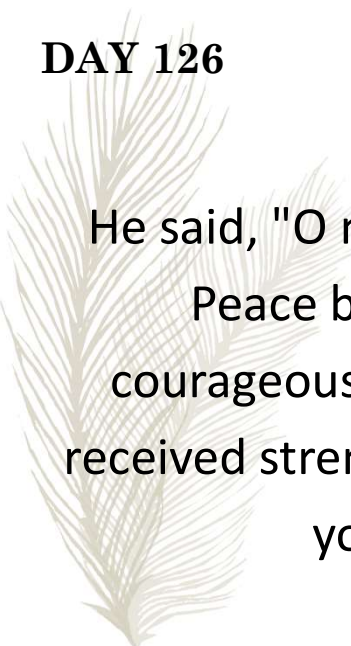
Daniel 10:12



Then he said to me, "**Do not be afraid**, Daniel, for from the first day that you set your heart on understanding this and on humbling yourself before your God, your words were heard, and I have come in response to your words.

## DAY 126

Daniel 10:19



He said, "O man of high esteem, **do not be afraid**. Peace be with you; take courage and be courageous!" Now as soon as he spoke to me, I received strength and said, "May my lord speak, for you have strengthened me."

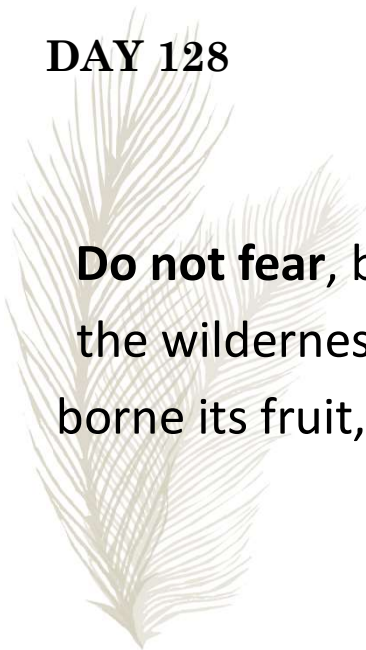
## DAY 127



Joel 2:21

**Do not fear**, O land, rejoice and be glad, For the LORD has done great things.

## DAY 128



Joel 2:22

**Do not fear**, beasts of the field, For the pastures of the wilderness have turned green, For the tree has borne its fruit, The fig tree and the vine have yielded in full.

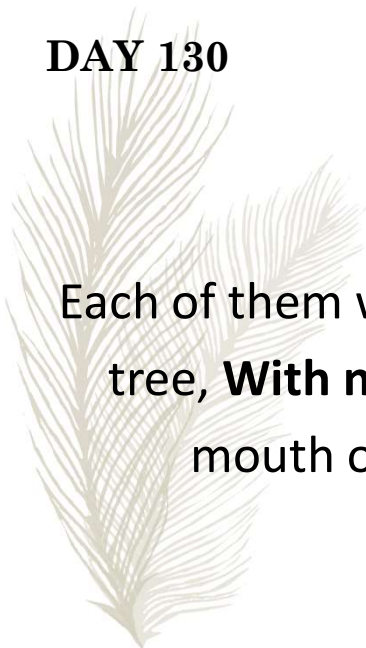
**DAY 129**



Jonah 2:2

**And who of you by being worried can add a single hour to his life?**

**DAY 130**

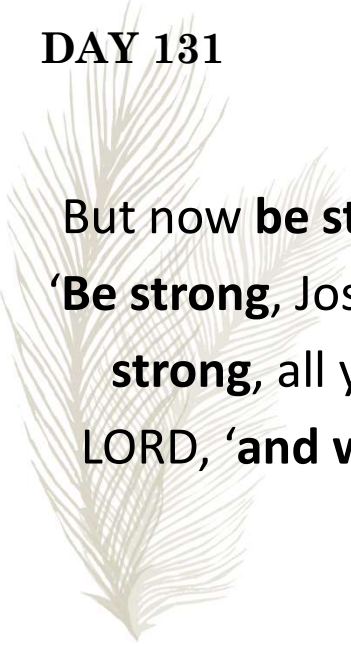


Micah 4:4

Each of them will sit under his vine And under his fig tree, **With no one to make them afraid**, For the mouth of the LORD of hosts has spoken.

## DAY 131


Haggai 2:4



But now **be strong**, Zerubbabel,' declares the LORD.  
'**Be strong**, Joshua son of Jozadak, the high priest. **Be strong**, all you people of the land,' declares the LORD, '**and work. For I am with you**,' declares the LORD Almighty.

## DAY 132

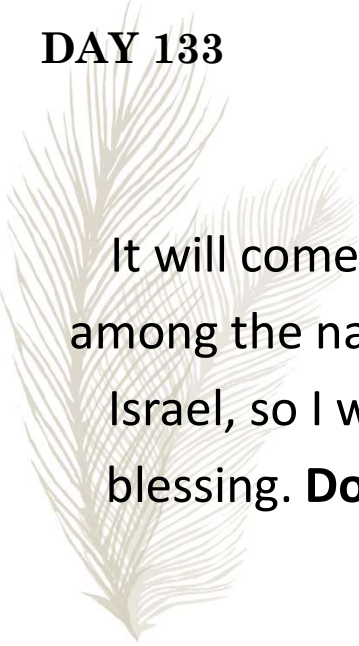
Haggai 2:5



As for the promise which I made you when you came out of Egypt, My Spirit is abiding in your midst; **do not fear!**

## DAY 133

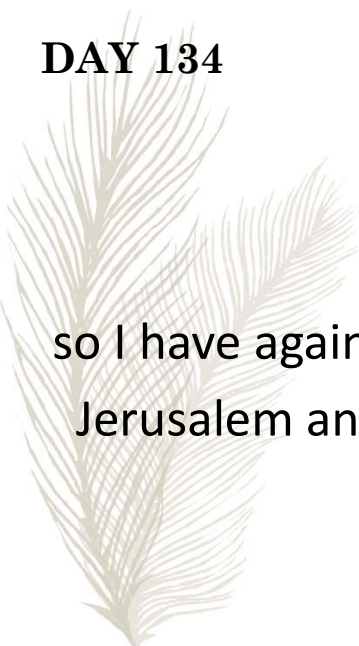
Zechariah 8:13



It will come about that just as you were a curse among the nations, O house of Judah and house of Israel, so I will save you that you may become a blessing. **Do not fear**; let your hands be strong.'

## DAY 134

Zechariah 8:15



so I have again purposed in these days to do good to Jerusalem and to the house of Judah. **Do not fear!**

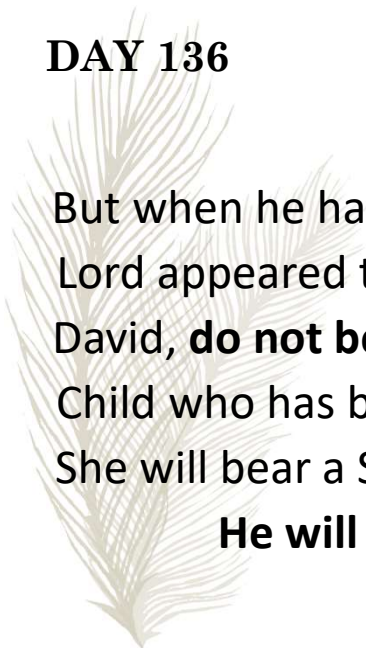
## DAY 135



Zephaniah 3:16

In that day it will be said to Jerusalem: "**Do not be afraid**, O Zion; Do not let your hands fall limp.

## DAY 136

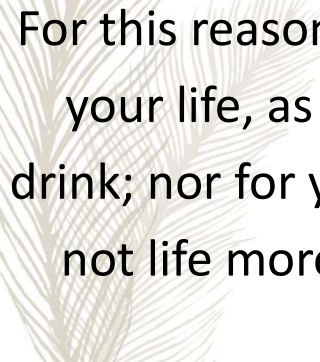


Matthew 1:20-21

But when he had considered this, behold, an angel of the Lord appeared to him in a dream, saying, "Joseph, son of David, **do not be afraid** to take Mary as your wife; for the Child who has been conceived in her is of the Holy Spirit. She will bear a Son; and you shall call His name Jesus, for **He will save His people from their sins.**"

**DAY 137**

Matthew 6:25



For this reason I say to you, **do not be worried** about your life, as to what you will eat or what you will drink; nor for your body, as to what you will put on. Is not life more than food, and the body more than clothing?

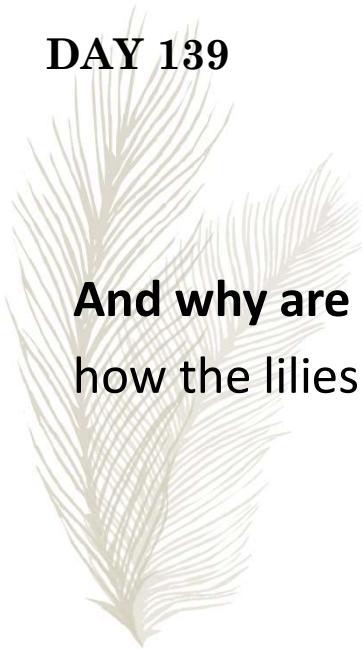
**DAY 138**

Matthew 6:27



**And who of you by being worried can add a single hour to his life?**

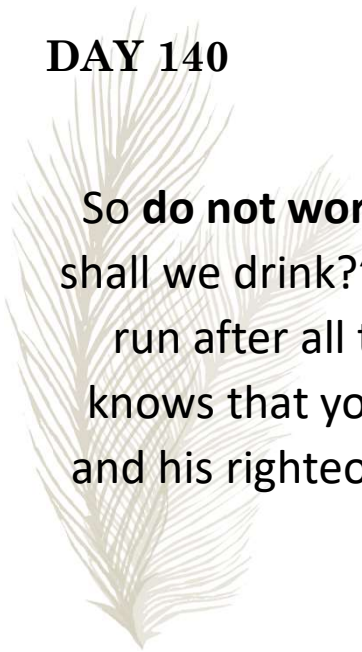
## DAY 139



Matthew 6:28

**And why are you worried** about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin

## DAY 140



Matthew 6:31-33

**So do not worry**, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.

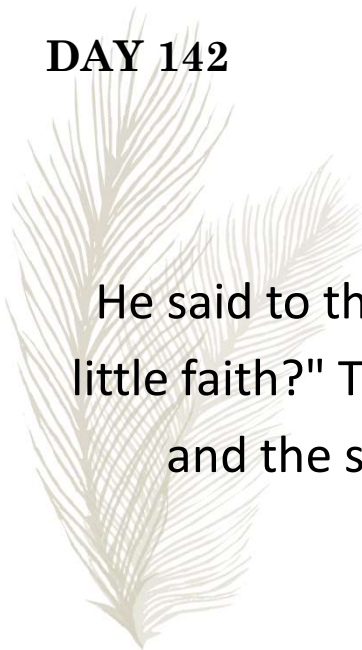
## DAY 141



Matthew 6:34

So **do not worry about tomorrow**; for tomorrow will care for itself. Each day has enough trouble of its own.

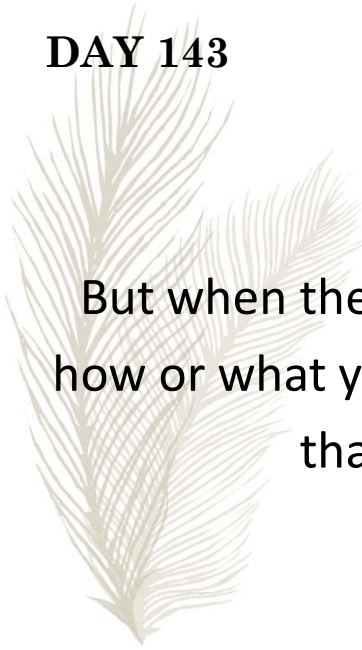
## DAY 142



Matthew 8:26

He said to them, "**Why are you afraid**, you men of little faith?" Then He got up and rebuked the winds and the sea, and it became perfectly calm.

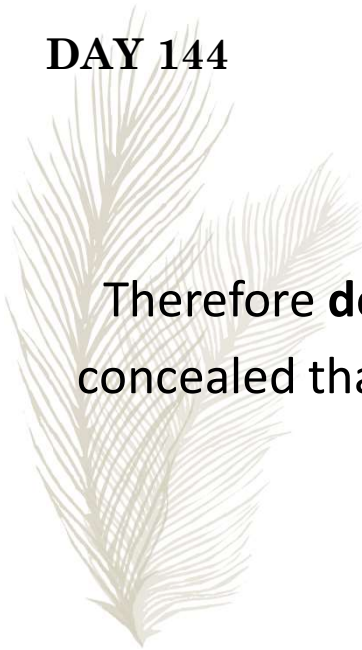
## DAY 143



Matthew 10:19

But when they hand you over, **do not worry** about how or what you are to say; for it will be given you in that hour what you are to say.

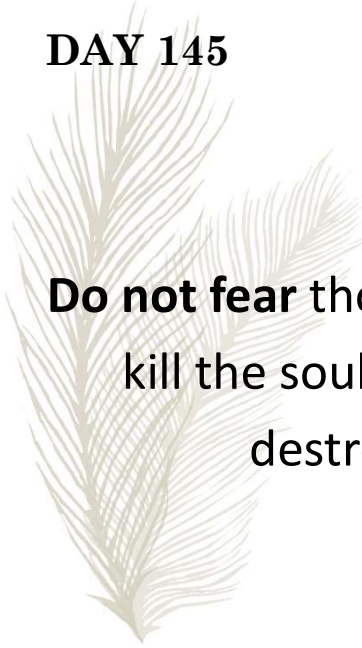
## DAY 144



Matthew 10:26

Therefore **do not fear them**, for there is nothing concealed that will not be revealed, or hidden that will not be known.

**DAY 145**



Matthew 10:28

**Do not fear** those who kill the body but are unable to kill the soul; but rather fear Him who is able to destroy both soul and body in hell.

**DAY 146**



Matthew 10:31

**So do not fear;** you are more valuable than many sparrows.

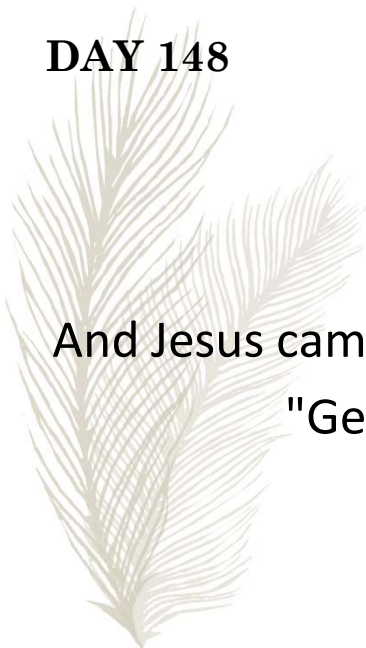
**DAY 147**



Matthew 14:27

But immediately Jesus spoke to them, saying, "Take courage, it is I; **do not be afraid.**"

**DAY 148**



Matthew 17:7

And Jesus came to them and touched them and said, "Get up, and **do not be afraid.**"

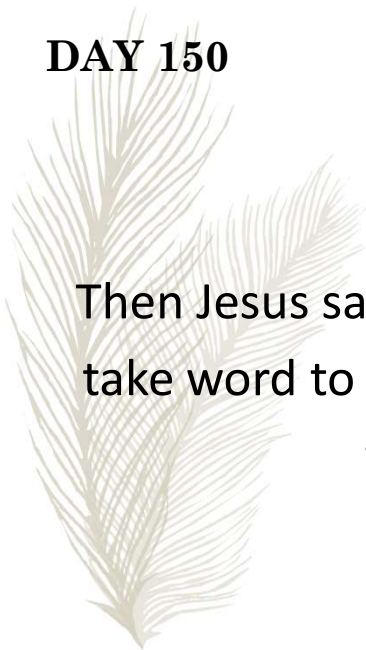
**DAY 149**



Matthew 28:5

The angel said to the women, "**Do not be afraid**; for I know that you are looking for Jesus who has been crucified.

**DAY 150**



Matthew 28:10

Then Jesus said to them, "**Do not be afraid**; go and take word to My brethren to leave for Galilee, and there they will see Me."

## DAY 151



Mark 4:40

And He said to them, "**Why are you afraid?** Do you still have no faith?"

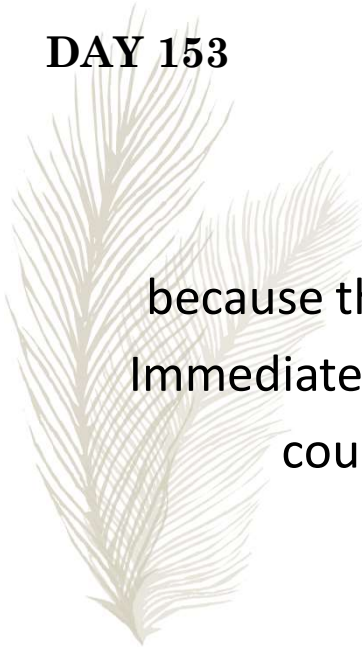
## DAY 152



Mark 5:36

Overhearing what they said, Jesus told him, '**Don't be afraid; just believe.'**

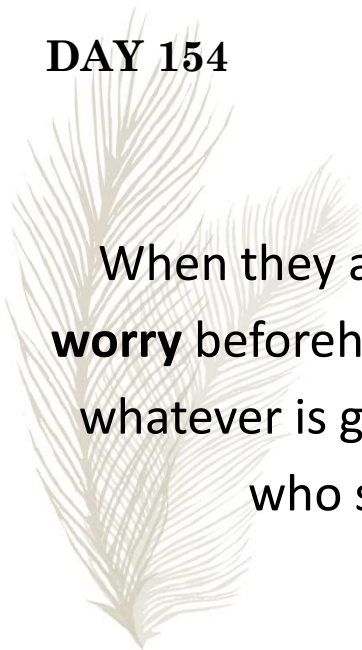
## DAY 153



Mark 6:50

because they all saw him and were terrified. Immediately he spoke to them and said, 'Take courage! It is I. **Don't be afraid.**'

## DAY 154



Mark 13:11

When they arrest you and hand you over, **do not worry** beforehand about what you are to say, but say whatever is given you in that hour; for it is not you who speak, but it is the Holy Spirit.

## DAY 155

Luke 1:13

But the angel said to him, "**Do not be afraid**, Zacharias, for your petition has been heard, and your wife Elizabeth will bear you a son, and you will give him the name John.

## DAY 156

Luke 1:30

The angel said to her, "**Do not be afraid**, Mary; for you have found favour with God.

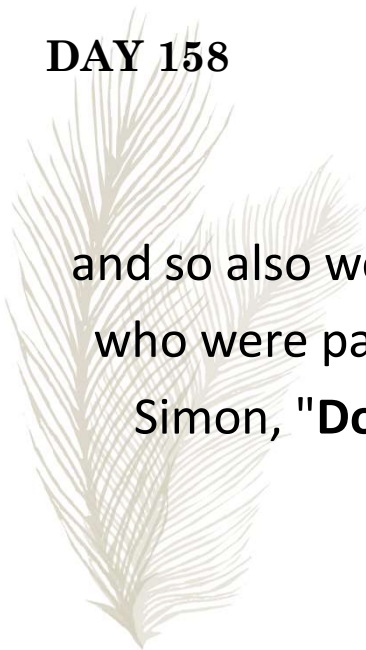
## DAY 157



Luke 2:10

But the angel said to them, "**Do not be afraid**; for behold, I bring you good news of great joy which will be for all the people;

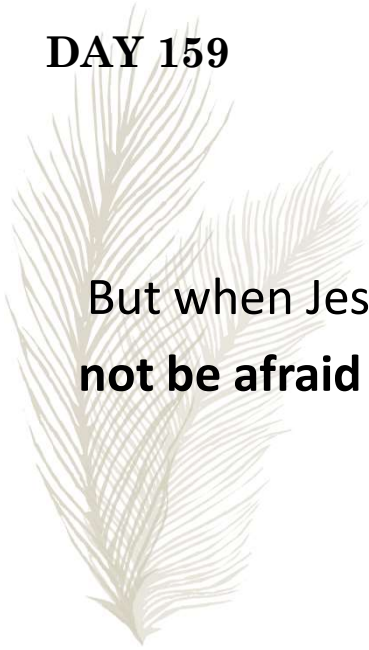
## DAY 158



Luke 5:10

and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "**Do not fear**, from now on you will be catching men."

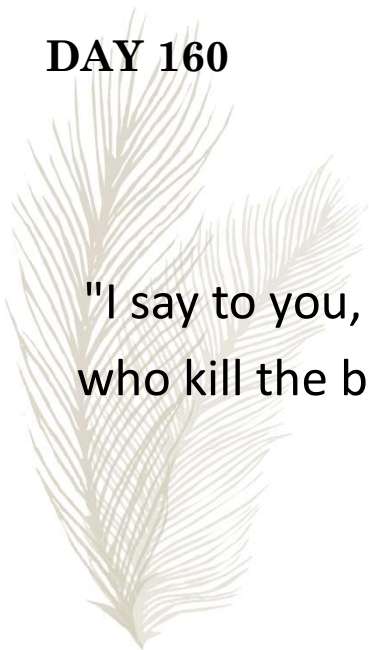
## DAY 159



Luke 8:50

But when Jesus heard this, He answered him, "**Do not be afraid** any longer; only believe, and she will be made well."

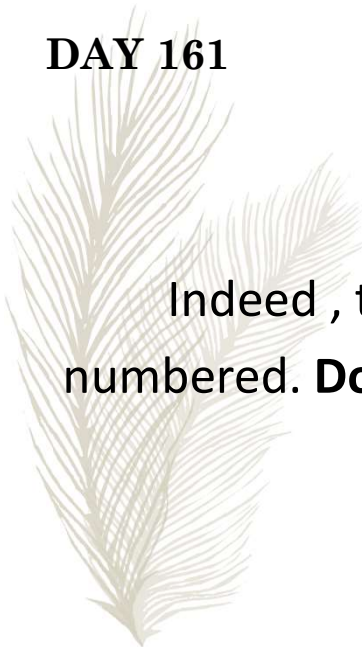
## DAY 160



Luke 12:4

"I say to you, My friends, **do not be afraid** of those who kill the body and after that have no more that they can do.

## DAY 161



Luke 12:7

Indeed , the very hairs of your head are all numbered. **Do not fear**; you are more valuable than many sparrows.

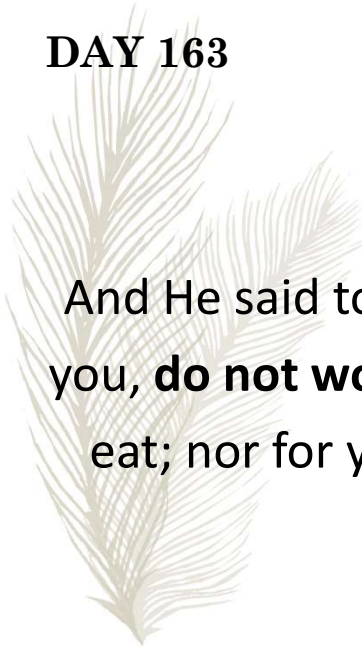
## DAY 162



Luke 12:11

When they bring you before the synagogues and the rulers and the authorities, **do not worry** about how or what you are to speak in your defence, or what you are to say

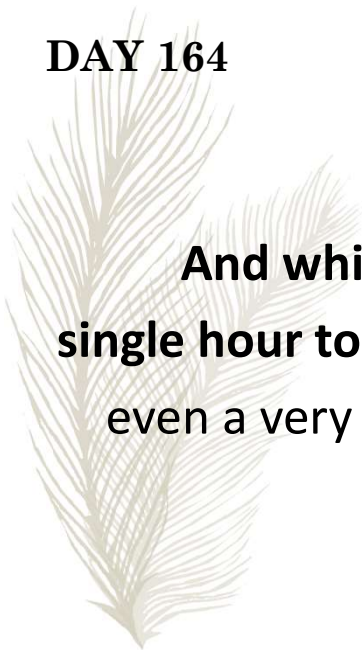
## DAY 163



Luke 12:22

And He said to His disciples, "For this reason I say to you, **do not worry** about your life, as to what you will eat; nor for your body, as to what you will put on.

## DAY 164

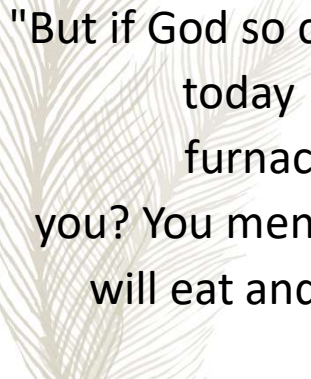


Luke 12:25-26

**And which of you by worrying can add a single hour to his life's span?** "If then you cannot do even a very little thing, why do you worry about other matters

## DAY 165

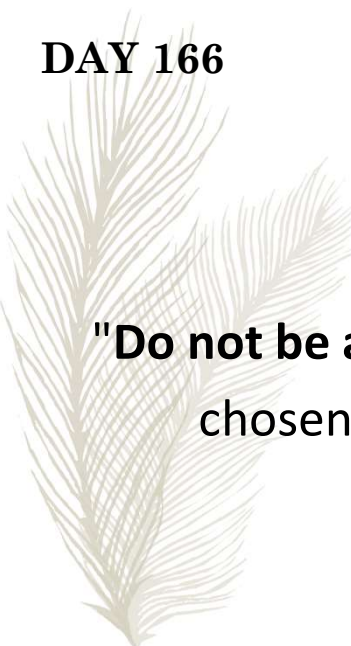
Luke 12:28-29



"But if God so clothes the grass in the field, which is alive today and tomorrow is thrown into the furnace, how much more will He clothe you? You men of little faith! And do not seek what you will eat and what you will drink, and **do not keep worrying.**

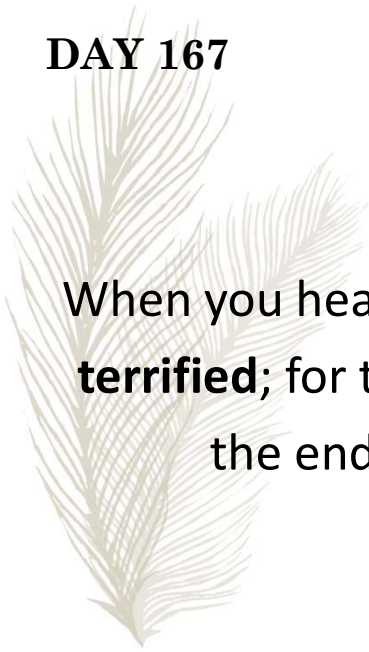
## DAY 166

Luke 12:32



"**Do not be afraid**, little flock, for your Father has chosen gladly to give you the kingdom.

**DAY 167**



Luke 21:9

When you hear of wars and disturbances, **do not be terrified**; for these things must take place first, but the end does not follow immediately."

**DAY 168**



John 6:20

But He said to them, "It is I; **do not be afraid.**"

**DAY 169**



John 12:15

**FEAR NOT, DAUGHTER OF ZION; BEHOLD, YOUR KING IS COMING, SEATED ON A DONKEY'S COLT."**

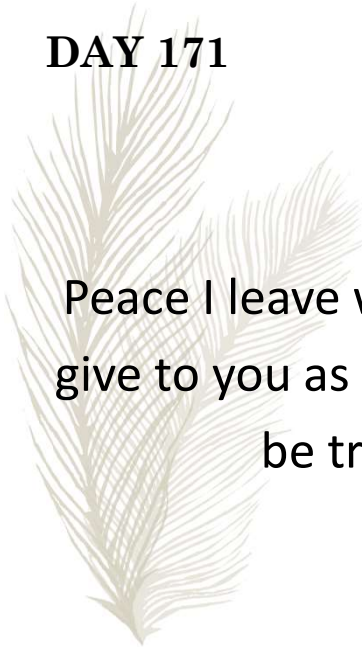
**DAY 170**



John 14:1

**"Do not let your hearts be troubled. You believe in God; believe also in me.**

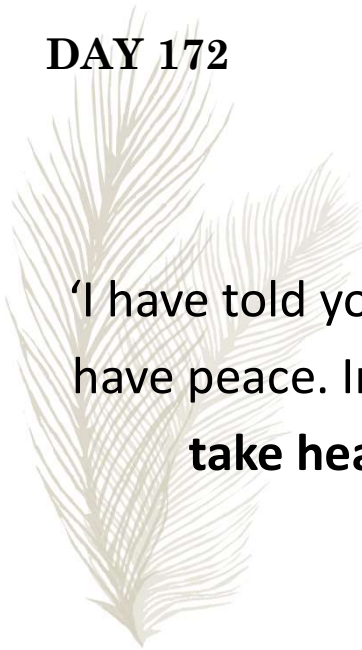
## DAY 171



John 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and **do not be afraid.**

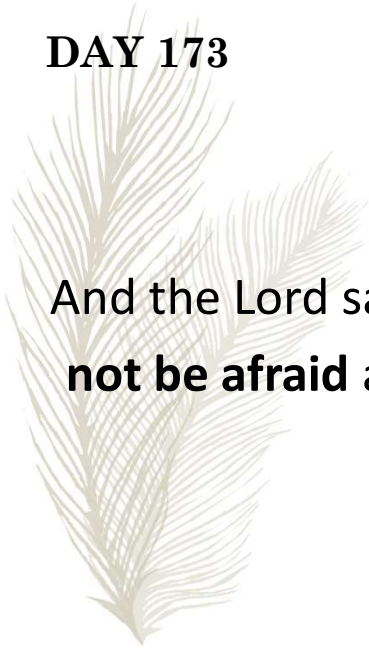
## DAY 172



John 16:33

'I have told you these things, so that in me you may have peace. In this world you will have trouble. But **take heart! I have overcome the world.'**

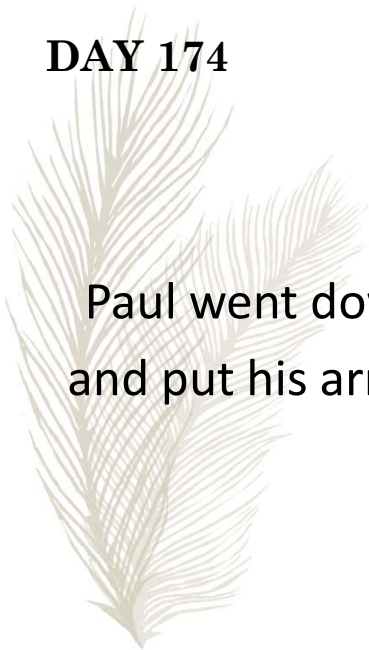
## DAY 173



Acts 18:9

And the Lord said to Paul in the night by a vision, "**Do not be afraid** any longer, but go on speaking and do not be silent;

## DAY 174



Acts 20:10

Paul went down, threw himself on the young man and put his arms round him. '**Don't be alarmed,**' he said, 'He's alive!'

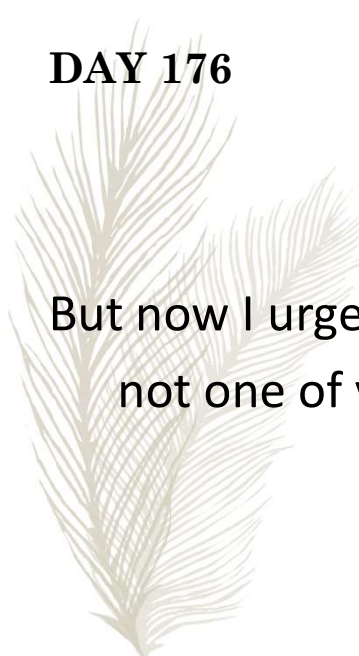
## DAY 175



Acts 23:11

The following night the Lord stood near Paul and said, “**Take courage!** As you have testified about me in Jerusalem, so you must also testify in Rome.”

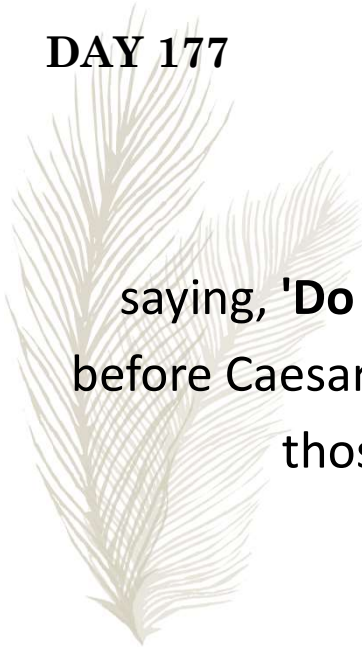
## DAY 176



Acts 27:22

But now I urge you to **keep up your courage**, because not one of you will be lost; only the ship will be destroyed.

## DAY 177



Acts 27:24

saying, '**Do not be afraid**, Paul; you must stand before Caesar; and behold, God has granted you all those who are sailing with you.'

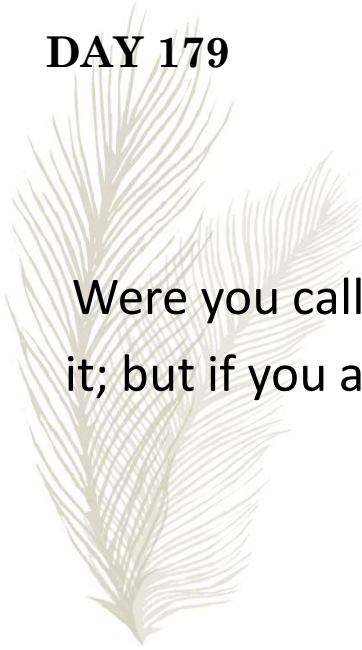
## DAY 178



Romans 13:3

For **rulers are not a cause of fear** for good behaviour, but for evil. Do you want to have no fear of authority? Do what is good and you will have praise from the same;

## DAY 179



1 Corinthians 7:21

Were you called while a slave? **Do not worry** about it; but if you are able also to become free, rather do that.

## DAY 180



1 Corinthians 16:13

Be on your guard; **stand firm in the faith**; be courageous; be strong.

**DAY 181**



Philippians 4:6

**Be anxious for nothing**, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

**DAY 182**

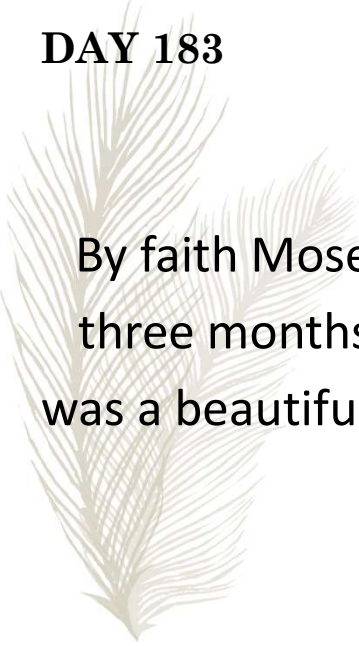


2 Timothy 2:1

**You then, my son, be strong in the grace that is in Christ Jesus.**

## DAY 183

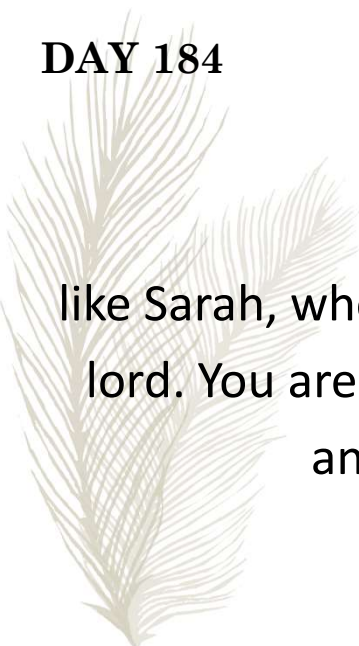
Hebrews 11:23



By faith Moses, when he was born, was hidden for three months by his parents, because they saw he was a beautiful child; and **they were not afraid** of the king's edict.

## DAY 184

I Peter 3:6



like Sarah, who obeyed Abraham and called him her lord. You are her daughters if you do what is right and **do not give way to fear.**

## DAY 185



1 Peter 3:14

But even if you should suffer for the sake of righteousness, you are blessed. **AND DO NOT FEAR THEIR INTIMIDATION, AND DO NOT BE TROUBLED,**

## DAY 186



Hebrews 13:6

so that we confidently say, "THE LORD IS MY HELPER, **I WILL NOT BE AFRAID. WHAT WILL MAN DO TO ME?"**

## DAY 187

1 John 4:18

**There is no fear in love;** but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love.

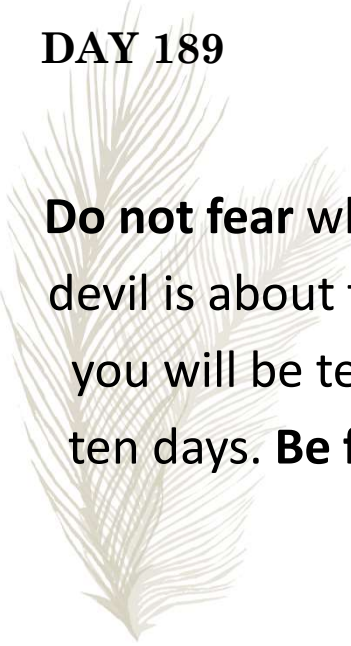
## DAY 188

Revelation 1:17

When I saw Him, I fell at His feet like a dead man. And He placed His right hand on me, saying, "**Do not be afraid;** I am the first and the last,

**DAY 189**

Revelation 2:10



**Do not fear** what you are about to suffer. Behold, the devil is about to cast some of you into prison, so that you will be tested, and you will have tribulation for ten days. **Be faithful until death**, and I will give you the crown of life.



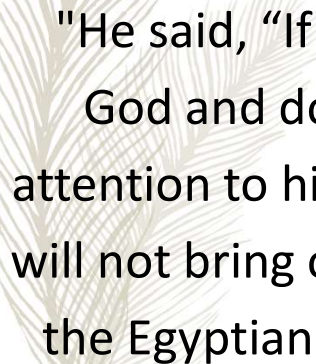
## Fear Not During Sickness

Our God is a God who heals, strengthens and gives Grace.

2<sup>nd</sup> Cor 12:9 And He has said to me, “My grace is sufficient for you, for power is perfected in weakness.” Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me

**DAY 190**


Exodus 15:26



"He said, "If you listen carefully to the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for **I am the LORD, who heals you.**"

**DAY 191**

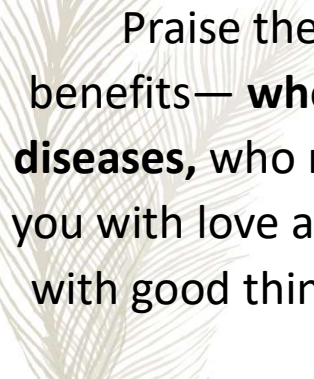
Psalm 30:2



LORD my God, I called to you for help, and  
**You healed me.**

## DAY 192

Psalm 103:2-5



Praise the LORD, my soul, and forget not all his benefits— **who forgives all your sins and heals all your diseases**, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.

## DAY 193

Proverbs 12:25

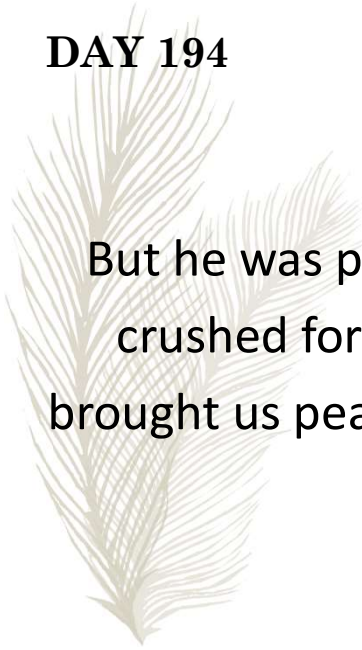


**Anxiety weighs down the heart, but a kind word cheers it up**

**DAY 194**

Isaiah 53:5

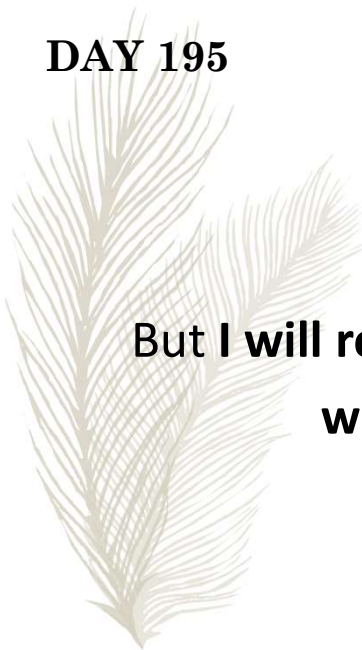
But he was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was on him, and **by His wounds we are healed.**



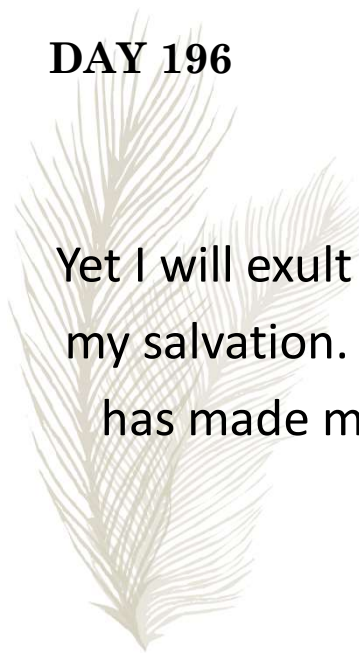
**DAY 195**

Jeremiah 30:17

But **I will restore you to health and heal your wounds,** declares the LORD



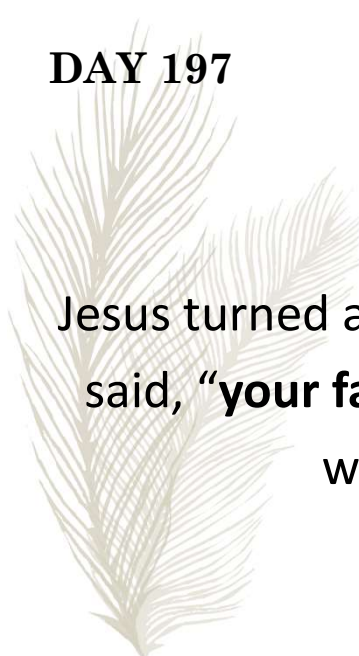
**DAY 196**



Habakuk3:18-19

Yet I will exult in the LORD, I will rejoice in the God of my salvation. **The Lord GOD is my strength**, And He has made my feet like hinds' feet, And makes me walk on my high places

**DAY 197**



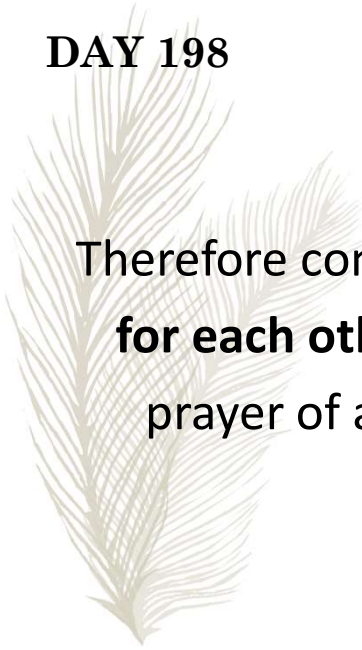
Matthew 9:22

Jesus turned and saw her. **“Take heart, daughter,”** he said, **“your faith has healed you.”** And the woman was healed at that moment.

## DAY 198

James 5:16

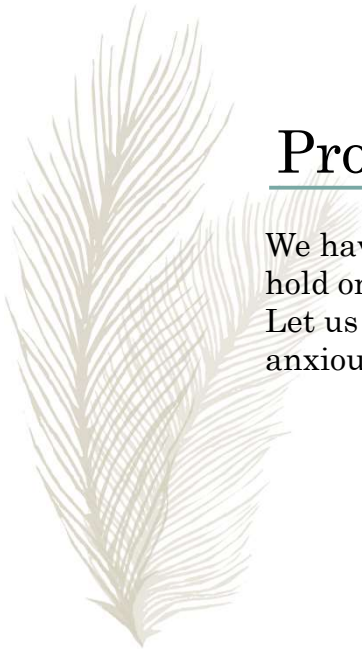
Therefore confess your sins to each other and **pray for each other so that you may be healed.** The prayer of a righteous person is powerful and effective.



## Promises of God

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We have been given great and precious promises to hold on to and to escape the world's corruption. Let us hold on to these promises when we fear, have anxiousness or distressed



**DAY 199**



Exodus 14:14

The LORD will fight for you; you need only to be still.”

**DAY 200**

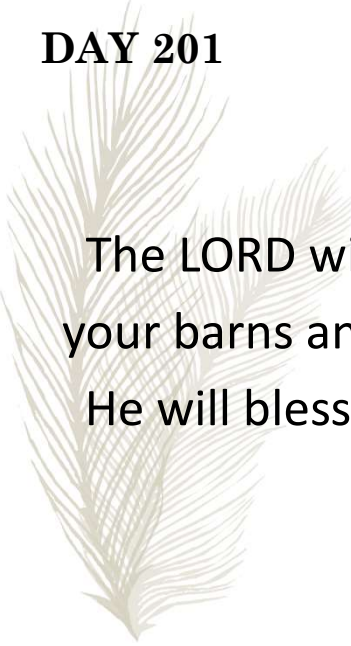


Numbers 6:26

The LORD lift up His countenance on you, And give  
you peace.'

## **DAY 201**

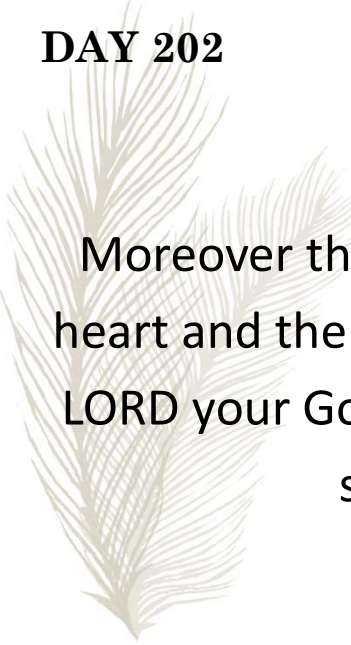
### **Deuteronomy 28:8**



The LORD will command the blessing upon you in your barns and in all that you put your hand to, and He will bless you in the land which the LORD your God gives you.

## **DAY 202**

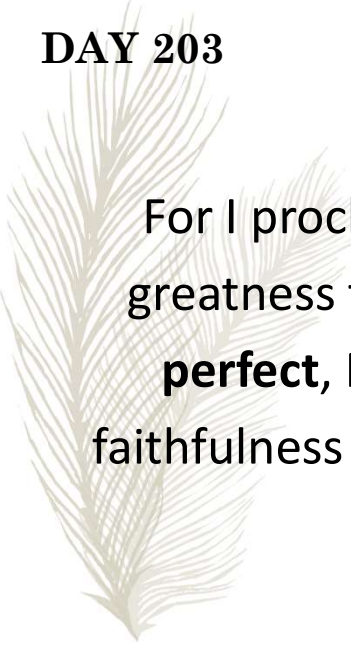
### **Deuteronomy 30:6**



Moreover the LORD your God will circumcise your heart and the heart of your descendants, to love the LORD your God with all your heart and with all your soul, so that you may live.

**DAY 203**


Deuteronomy 32:3-4



For I proclaim the name of the Lord; Ascribe greatness to our God! “ The Rock! **His work is perfect, For all His ways are just;** A God of faithfulness and without injustice, Righteous and upright is He.

**DAY 204**

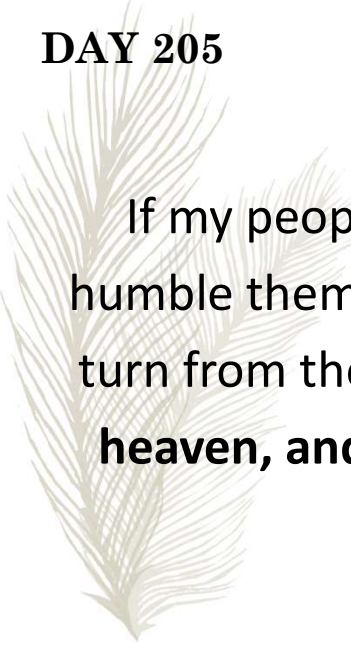
1 Chronicles 16:34



Give thanks to the Lord, for He is good; His love endures forever.

## DAY 205

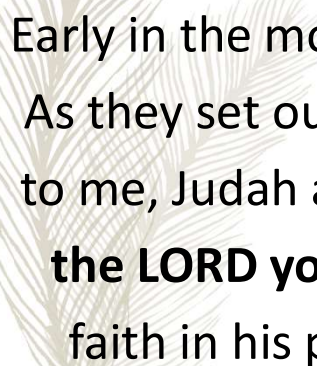
2 Chronicles 7:14



If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then **I will hear from heaven, and I will forgive their sin and will heal their land.**

## DAY 206

2 Chronicles 20:20



Early in the morning they left for the Desert of Tekoa. As they set out, Jehoshaphat stood and said, “Listen to me, Judah and people of Jerusalem! **Have faith in the LORD your God and you will be upheld;** have faith in his prophets and you will be successful.”



**DAY 207**

Job 1:9-10

Then Satan answered the Lord, " Does Job fear God for nothing". "**Have you not made a hedge about him and his house and all that he has, on every side? You have blessed the work of his hands, and his possessions have increased in the land.**

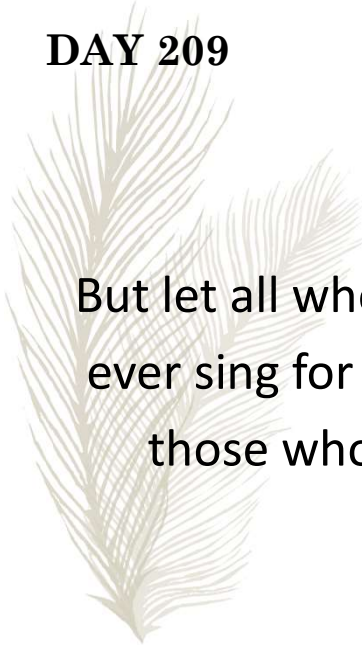


**DAY 208**

Psalm 4:8

In peace I will both lie down and sleep, **For You alone, O LORD , make me to dwell in safety.**

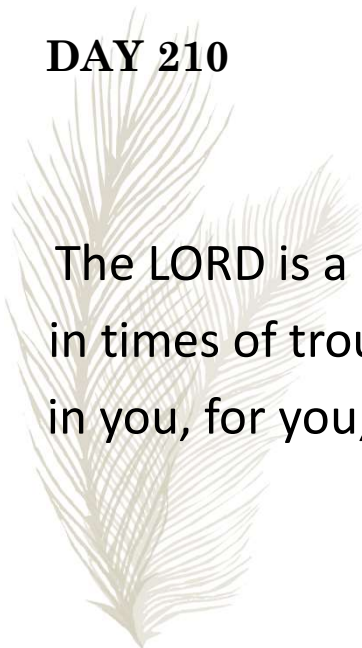
## DAY 209



### Psalm 5:11

But let all who take refuge in You be glad, Let them ever sing for joy; And **may You shelter them**, That those who love Your name may exult in You.

## DAY 210

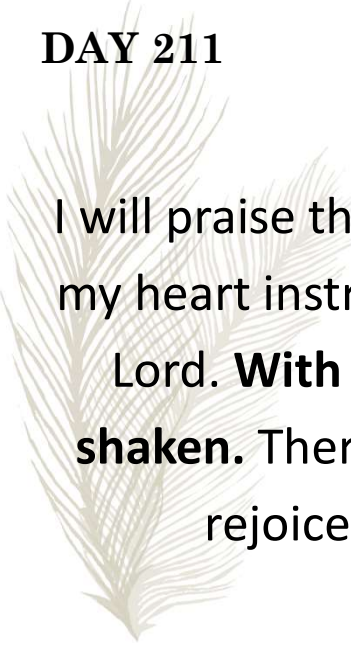


### Psalm 9:9-10

The LORD is a refuge for the oppressed, a stronghold in times of trouble. Those who know your name trust in you, for you, LORD, have never forsaken those who seek you.

## DAY 211


Psalm 16:7-9



I will praise the Lord who counsels me; even at night my heart instructs me. I keep my eyes always on the Lord. **With him at my right hand, I shall not be shaken.** Therefore my heart is glad and my tongue rejoices; my body also will rest secure.

## DAY 212

Psalm 31:23



O love the LORD , all you His godly ones! **The LORD preserves the faithful** And fully recompenses the proud doer.

**DAY 213**



Psalm 34:10

The lions may grow weak and hungry, but **those who seek the Lord lack no good thing.**

**DAY 214**

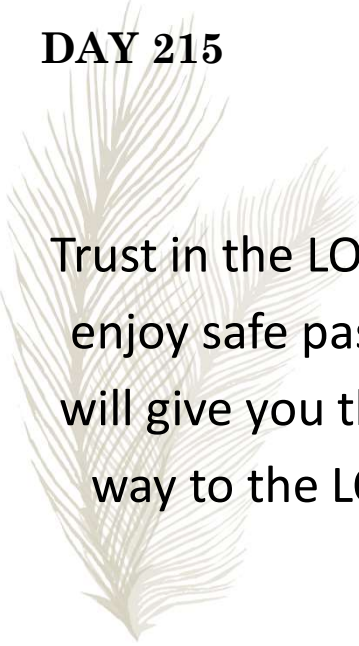


Psalm 34:18

The LORD is close to the broken hearted and saves those who are crushed in spirit.

## DAY 215

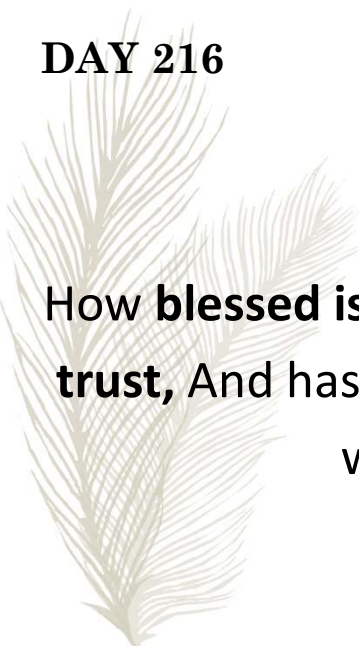
### Psalm 37:3-5



Trust in the LORD and do good; dwell in the land and enjoy safe pasture. Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this:

## DAY 216

### Psalm 40:4



How **blessed is the man who has made the LORD his trust,** And has not turned to the proud, nor to those who lapse into falsehood.

**DAY 217**



Psalm 50:15

**and call on me in the day of trouble; I will deliver  
you, and you will honour me.”**

**DAY 218**



Psalm 55:22

Cast your cares on the LORD and he will sustain you;  
**He will never let the righteous be shaken.**

**DAY 219**



Psalm 62:8

Trust in Him at all times, O people; **Pour out your heart before Him; God is a refuge for us.** Selah.

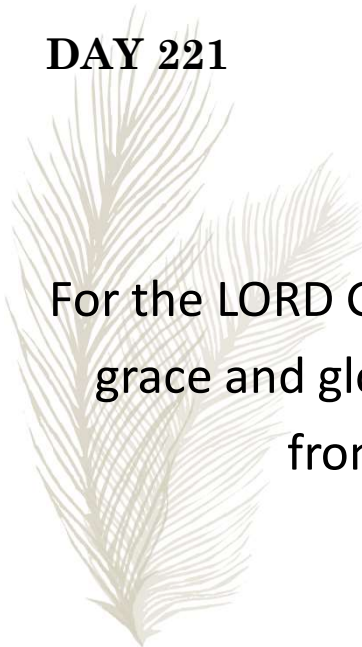
**DAY 220**



Psalm 73:26

My flesh and my heart may fail, but **God is the strength of my heart and my portion forever.**

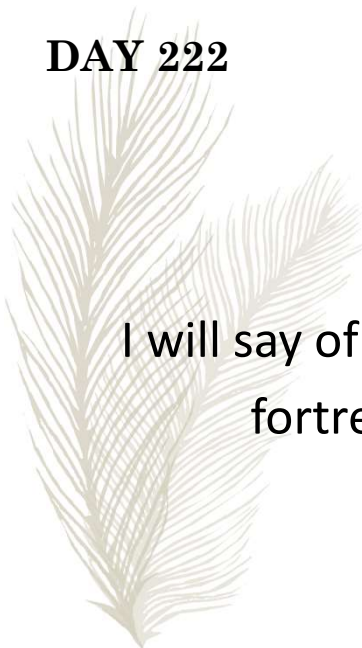
**DAY 221**



Psalm 84:11

For the LORD God is a sun and shield; The LORD gives  
grace and glory; No good thing does He withhold  
from those who walk uprightly.

**DAY 222**



Psalm 91:2

I will say of the LORD, “He is my refuge and my  
fortress, my God, in whom I trust.”

**DAY 223**



Psalm 100:5

For the Lord is good and His love endures forever; His  
faithfulness continues through all generations.

**DAY 224**



Psalm 102:17

He will respond to the prayer of the destitute; He will  
not despise their plea.

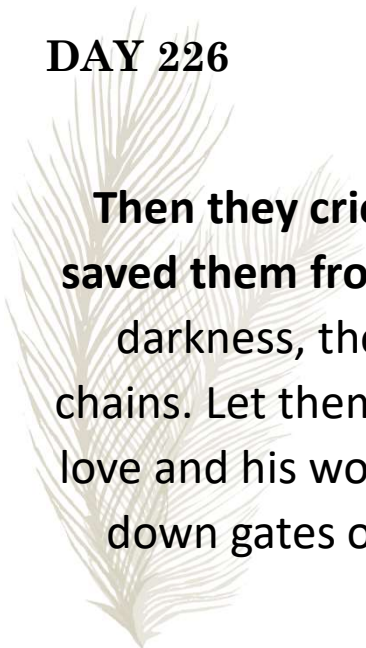
**DAY 225**



Psalm 103:12

As far as the east is from the west, so far has **He removed our transgressions from us**

**DAY 226**



Psalm 107:13-16

**Then they cried to the LORD in their trouble, and he saved them from their distress.** He brought them out of darkness, the utter darkness, and broke away their chains. Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, for he breaks down gates of bronze and cuts through bars of iron.

**DAY 227**

Psalm 115:9-11

All you Israelites, **trust in the LORD— He is their help and shield.** House of Aaron, **trust in the LORD— He is their help and shield.** You who fear Him, **trust in the LORD— He is their help and shield.**

**DAY 228**

Psalm 119:42

So I will have an answer for him who reproaches me,  
For I trust in Your word.

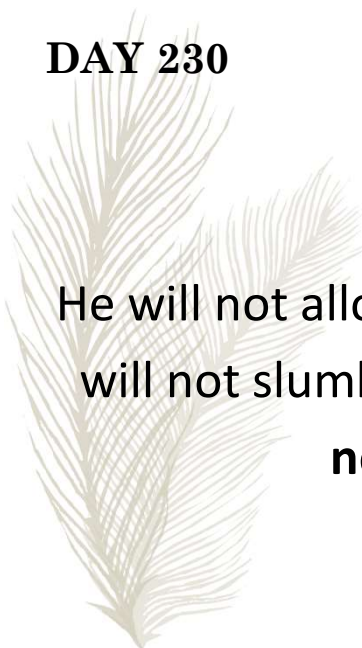
**DAY 229**



Psalm 119:165

Those who love Your law have great peace, And  
nothing causes them to stumble.

**DAY 230**



Psalm 121:3-4

He will not allow your foot to slip; He who keeps you  
will not slumber. Behold, **He who keeps Israel Will  
neither slumber nor sleep.**

**DAY 231**



Psalm 145:9

The Lord is good to all; he has compassion on all he has made.

**DAY 232**



Psalm 145:20

The LORD keeps all who love Him, But all the wicked He will destroy.

**DAY 233**



Psalm 146:7

Who executes justice for the oppressed; Who gives food to the hungry. **The LORD sets the prisoners free.**

**DAY 234**



Psalm 147:3

**He heals the broken hearted and binds up their wounds**

**DAY 235**



Proverbs 2:6

For **the LORD gives wisdom**; From His mouth come knowledge and understanding.

**DAY 236**

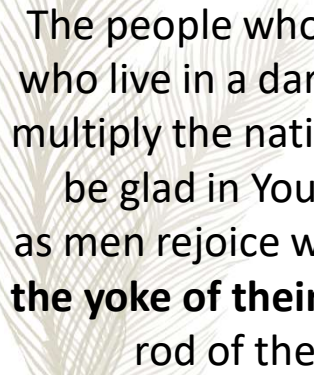


Song of Solomon 2:4

He has brought me to his banquet hall, And **His banner over me is love.**

## DAY 237


Isaiah 9:2-4



The people who walk in darkness will see a great light; those who live in a dark land, the light will shine on them. You shall multiply the nation, You shall increase their gladness; they will be glad in Your presence as with the gladness of harvest, as men rejoice when they divide the spoil. **For You shall break the yoke of their burden and the staff on their shoulders, the rod of their oppressor, as at the battle of Midian.**

## DAY 238

Isaiah 40:29



He gives strength to the weary and increases the power of the weak.

**DAY 239**

Isaiah 40:31

but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

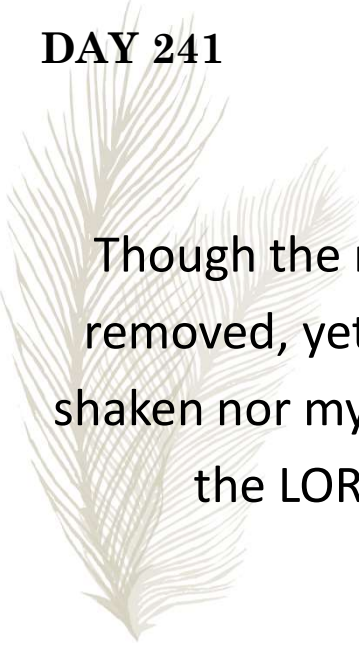
**DAY 240**

Isaiah 43:2

When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.

## **DAY 241**

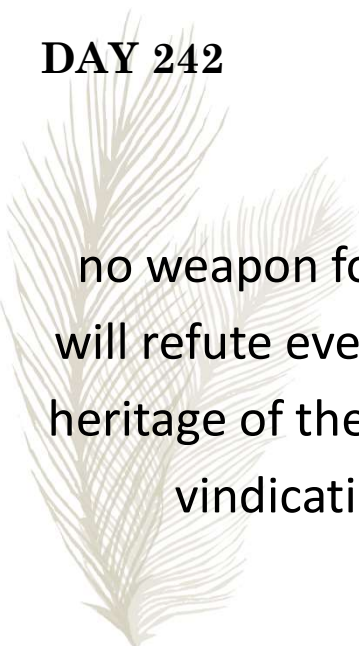
Isaiah 54:10



Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed,” says the LORD, who has compassion on you.

## **DAY 242**

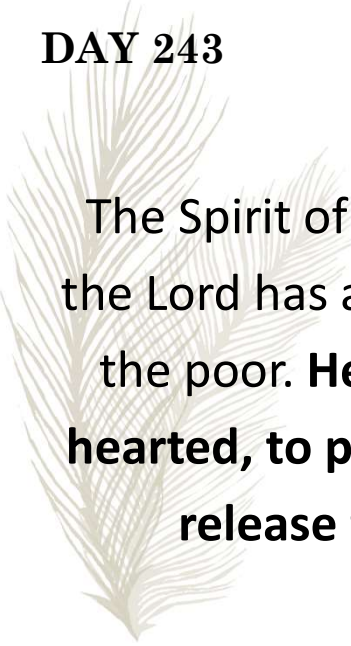
Isaiah 54:17



no weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the LORD, and this is their vindication from me,” declares the LORD.

## DAY 243

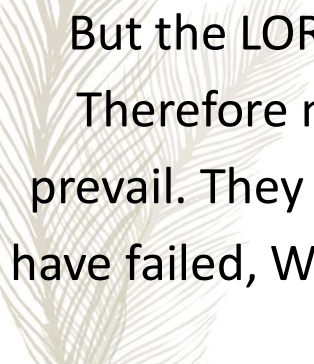
Isaiah 61:1



The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor. **He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners**

## DAY 244

Jeremiah 20:11



But the LORD is with me like a dread champion;  
Therefore my persecutors will stumble and not prevail. They will be utterly ashamed, because they have failed, With an everlasting disgrace that will not be forgotten.

**DAY 245**



Jeremiah 29:11

For I know the plans I have for you, declares the Lord,  
plans for welfare and not for evil, to give you a future  
and a hope

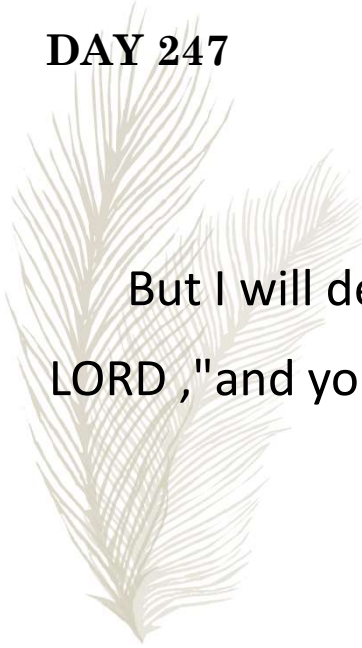
**DAY 246**



Jeremiah 29:12

Then you will call on me and come and pray to me,  
and I will listen to you.

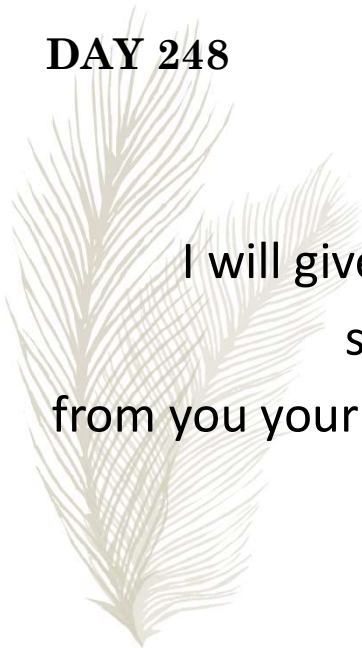
**DAY 247**



Jeremiah 39:17

But I will deliver you on that day, 'declares the LORD ,'and you will not be given into the hand of the men whom you dread.

**DAY 248**



Ezekiel 36:26

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

**DAY 249**

Hosea 2:15

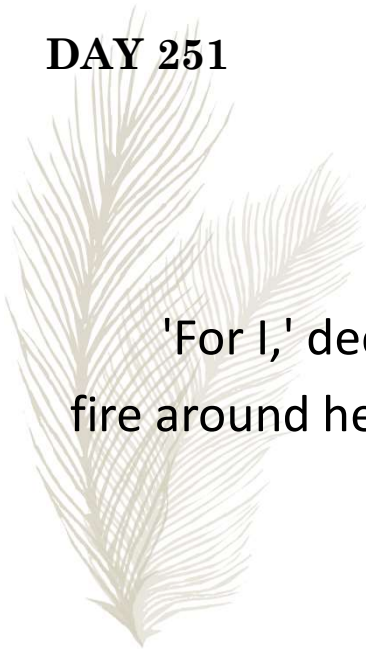
I will return her vineyards to her and transform her valley of trouble into a gateway of hope, She will give herself to me there as she did long ago when she was young, when I freed her from her captivity.

**DAY 250**

Hosea 14:4

I will heal their apostasy, I will love them freely, For My anger has turned away from them.

## DAY 251



### Zechariah 2:5

'For I,' declares the LORD , 'will be a wall of fire around her, and I will be the glory in her midst.'

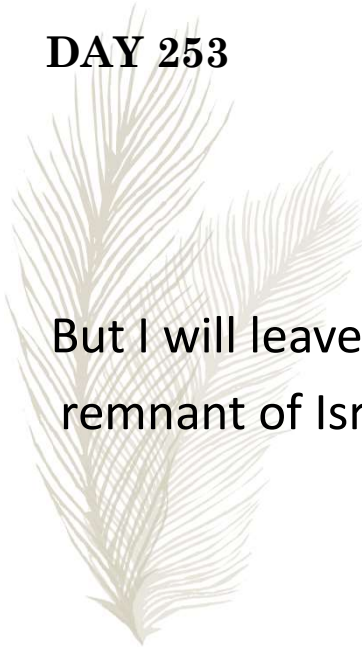
## DAY 252



### Zechariah 2:8

For thus says the Lord of hosts, “After glory He has sent me against the nations which plunder you, **for he who touches you, touches the apple of His eye.**

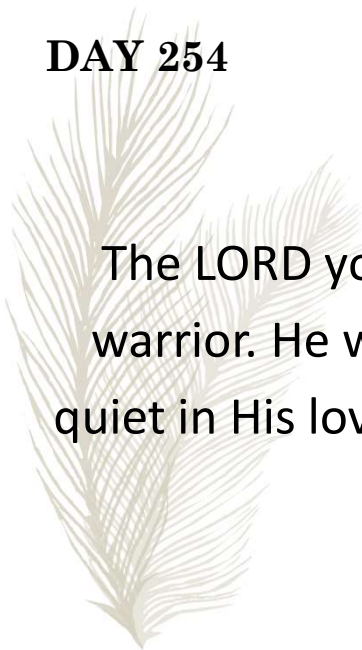
**DAY 253**



Zephaniah 3:12

But I will leave within you the meek and humble. The remnant of Israel will trust in the name of the LORD.

**DAY 254**



Zephaniah 3:17

The LORD your God is in your midst, A victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy.

**DAY 255**

Matthew 1:23

BEHOLD, THE VIRGIN SHALL BE WITH CHILD AND SHALL BEAR A SON, AND THEY SHALL CALL HIS NAME **IMMANUEL,**" which translated means, "**GOD WITH US.**"

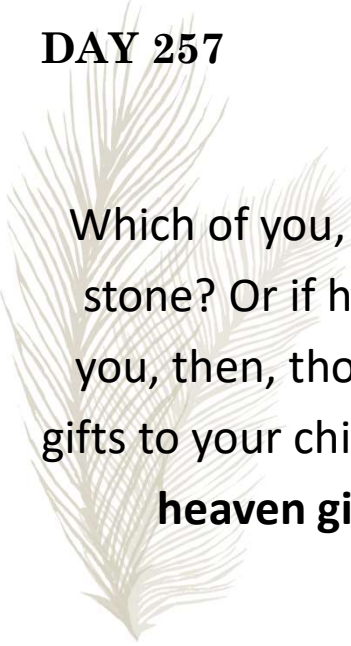
**DAY 256**

Matthew 5:4

Blessed are those who mourn, for they will be comforted.

## DAY 257


Matthew 7:9-11



Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, **how much more will your Father in heaven give good gifts to those who ask him!**

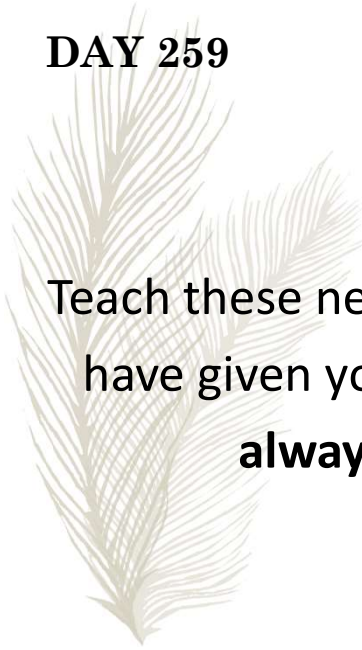
## DAY 258

Matthew 21:22



And all things you ask in prayer, believing, you will receive

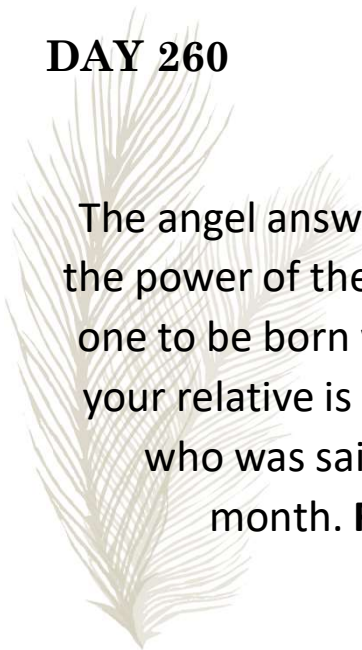
## DAY 259



Matthew 28:20

Teach these new disciples to obey all the commands I have given you. And be sure of this: **I am with you always, even to the end of the age.**

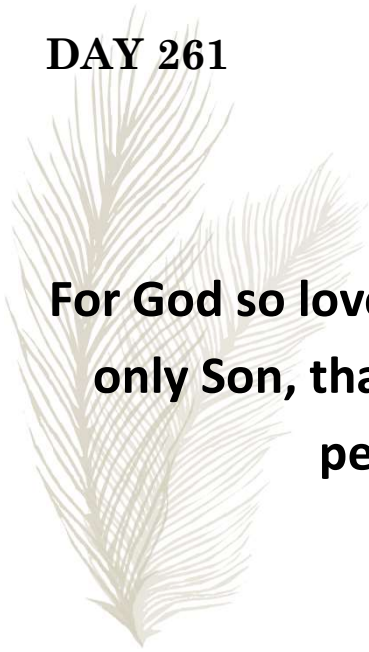
## DAY 260



Luke 1:35-37

The angel answered, “The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God. Even Elizabeth your relative is going to have a child in her old age, and she who was said to be unable to conceive is in her sixth month. **For no word from God will ever fail.**”

**DAY 261**



John 3:16

**For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.**

**DAY 262**



John 6:37

**All that the Father gives Me will come to Me, and the one who comes to Me I will certainly not cast out.**

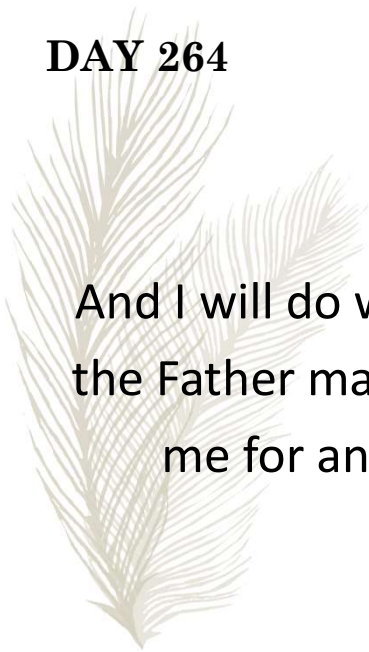
**DAY 263**



John 10:10

The thief comes only to steal and kill and destroy; I **have come that they may have life, and have it to the full.**

**DAY 264**

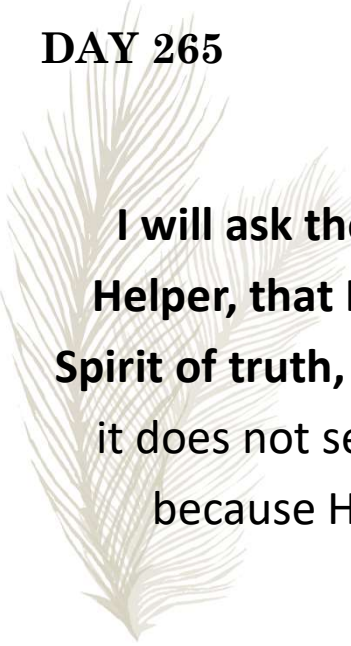


John 14:13-14

And I will do whatever you ask in my name, so that the Father may be glorified in the Son. You may ask me for anything in my name and I will do it

## DAY 265

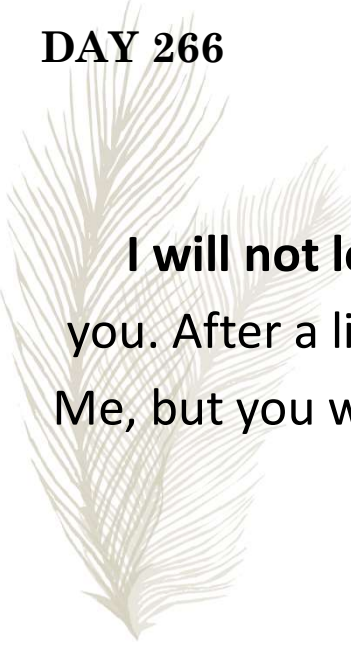
John 14: 16-17



**I will ask the Father, and He will give you another Helper, that He may be with you forever; that is the Spirit of truth,** whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you.

## DAY 266

John 14: 18-19



**I will not leave you as orphans;** I will come to you. After a little while the world will no longer see Me, but you will see Me; **because I live, you will live also.**

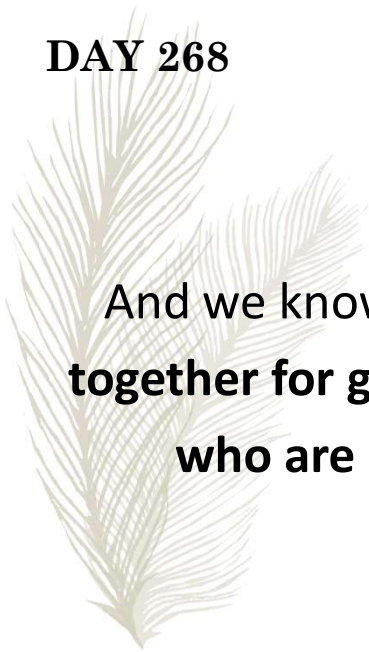
**DAY 267**



Romans 8:2

because **through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.**

**DAY 268**



Romans 8:28

And we know that **God causes all things to work together for good to those who love God, to those who are called according to His purpose.**

**DAY 269**

Romans 8:32

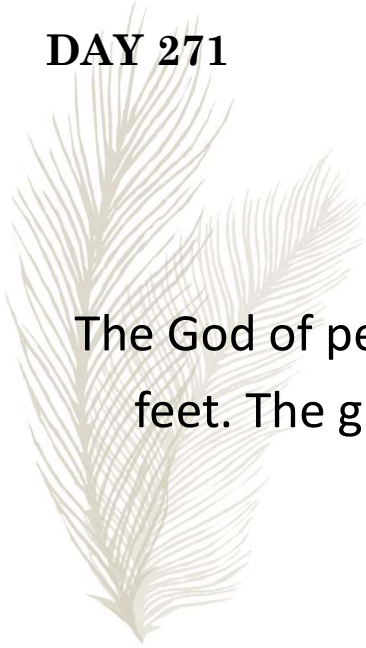
**He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?**

**DAY 270**

Romans 8:38-39

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, **nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.**

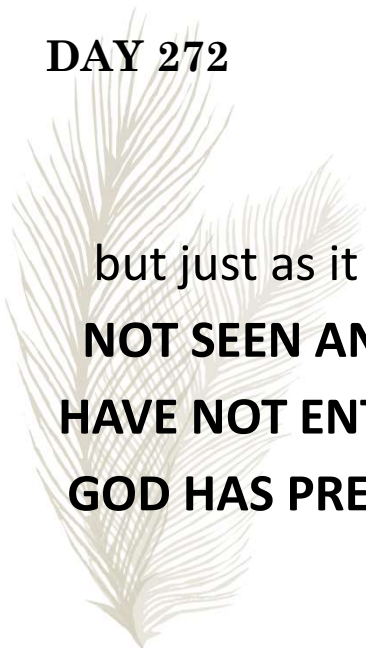
**DAY 271**



Romans 16:20

The God of peace will soon crush Satan under your feet. The grace of our Lord Jesus be with you.

**DAY 272**



1 Corinthians 2:9

but just as it is written, "**THINGS WHICH EYE HAS NOT SEEN AND EAR HAS NOT HEARD, AND which HAVE NOT ENTERED THE HEART OF MAN, ALL THAT GOD HAS PREPARED FOR THOSE WHO LOVE HIM.**"



**DAY 273**

1 Corinthians 10:13

No temptation has overtaken you but such as is common to man; and **God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.**



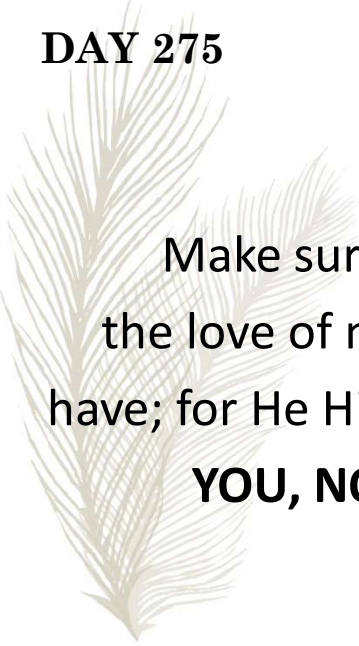
**DAY 274**

2 Thessalonians 3:16

**Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.**

**DAY 275**


Hebrews 13:5



Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, "**I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,**"

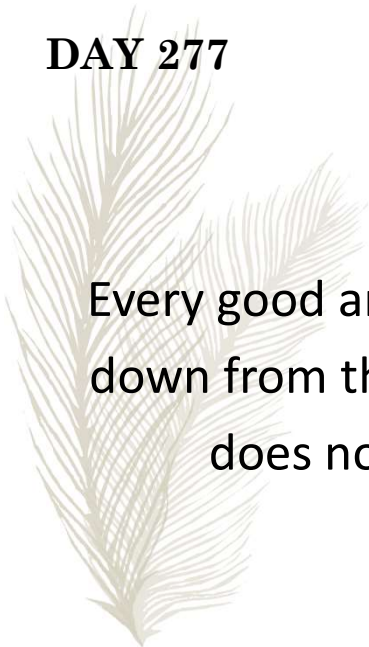
**DAY 276**

James 1:5



If any of you lacks wisdom, you should ask God, **who gives generously to all without finding fault, and it will be given to you**

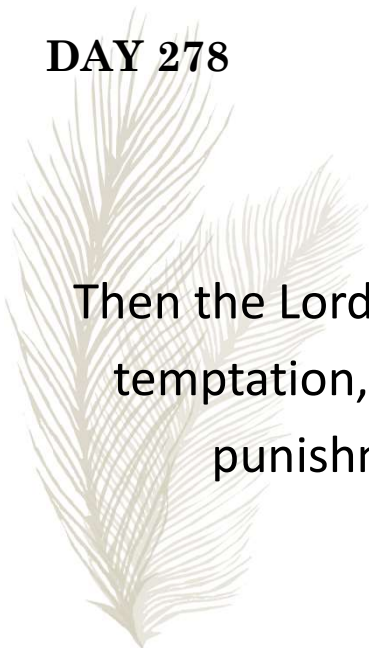
**DAY 277**



James 1:17

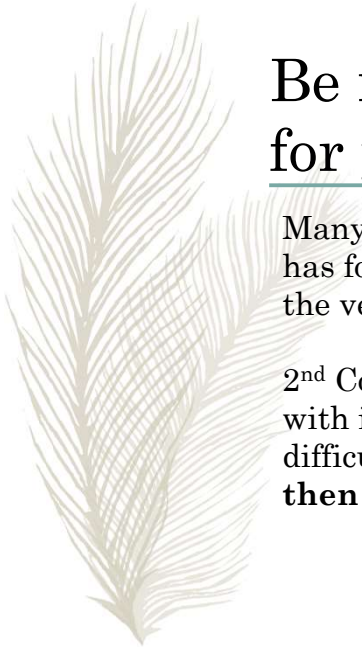
Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

**DAY 278**



2 Peter 2:9

Then the Lord knows how to rescue the godly from temptation, and to keep the unrighteous under punishment for the day of judgement.



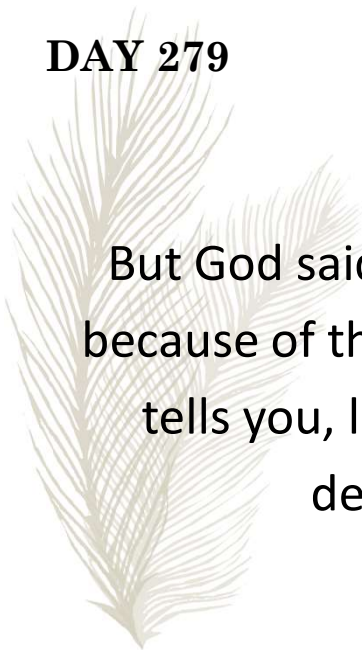
## Be not afraid, for the Lord cares for you.

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Many passages in Bible shows the love and care, that God has for us. He is a defender of the weak. He is interested in the very minute detail of our lives.

2<sup>nd</sup> Cor 12:10 “Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ’s sake; **for when I am weak, then I am strong.**”

### DAY 279



### Genesis 21:12

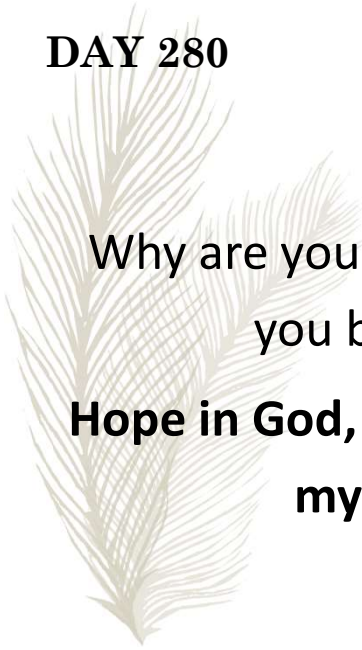
But God said to Abraham, "**Do not be distressed** because of the lad and your maid; whatever Sarah tells you, listen to her, for through Isaac your descendants shall be named.

**DAY 280**

Psalm 42:11

Why are you in despair, O my soul? And why have you become disturbed within me?

**Hope in God, for I shall yet praise Him, The help of my countenance and my God.**



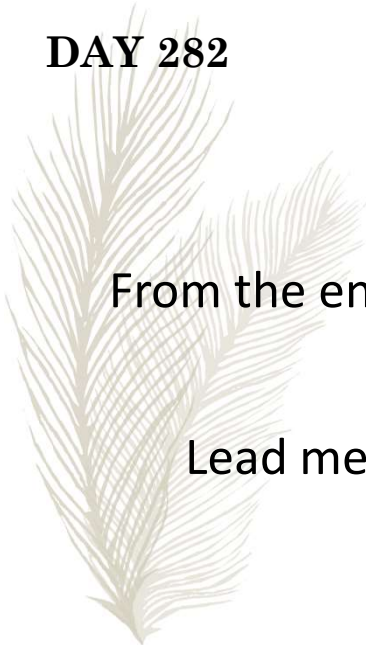
**DAY 281**

Psalm 56:3

When I am afraid, I put my trust in you.



**DAY 282**



Psalm 61:2

From the end of the earth I call to You when my  
heart is faint;

Lead me to the rock that is higher than I.

**DAY 283**



Psalm 94:19

When anxiety was great within me, your consolation  
brought me joy.

**DAY 284**



Psalm 116:1

I love the LORD , because He hears My voice and my  
supplications.

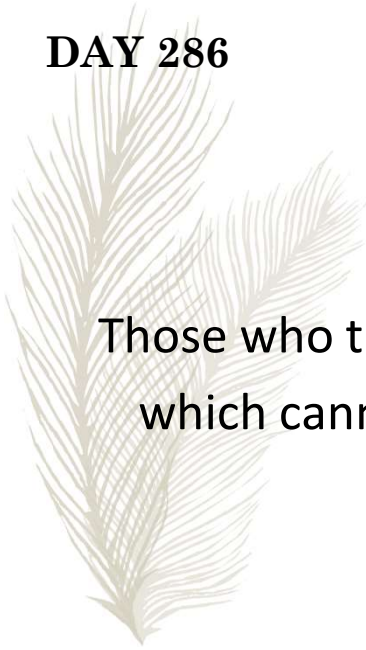
**DAY 285**



Psalm 118:8,9

It is better to take refuge in the LORD than to trust in  
humans. It is better to take refuge in the LORD than  
to trust in princes.

**DAY 286**



**Psalm 125:1**

Those who trust in the LORD are like Mount Zion,  
which cannot be shaken but endures forever.

**DAY 287**



**Psalm 145:18**

The Lord is near to all who call on him, to all who  
call on him in truth.

**DAY 288**



Proverbs 3:5

Trust in the LORD with all your heart and lean not on  
your own understanding;

**DAY 289**



Proverbs 28:25

The greedy stir up conflict, but those who trust in the  
LORD will prosper.

**DAY 290**

Isaiah 40:28

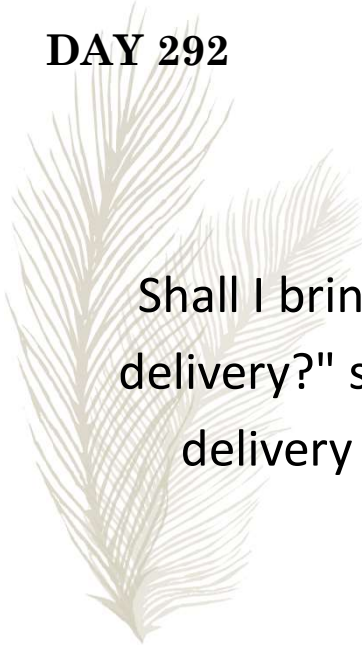
Do you not know? Have you not heard? **The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary,** and his understanding no one can fathom.

**DAY 291**

Isaiah 43:4

I traded their lives for yours because you are precious to me. You are honoured and I love you.

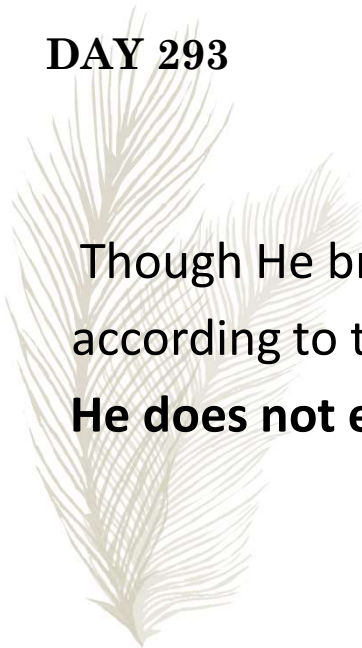
## DAY 292



Isaiah 66:9

Shall I bring to the point of birth and not give delivery?" says the LORD . "Or shall I who gives delivery shut the womb?" says your God.

## DAY 293



Lamentations 3: 32-33

Though He brings grief, He also shows compassion according to the greatness of His unfailing love. **For He does not enjoy hurting people or causing them sorrow.**



**DAY 294**

Daniel 3:28

Nebuchadnezzar responded and said, "**Blessed be the God of Shadrach, Meshach and Abednego, who has sent His angel and delivered His servants who put their trust in Him**, violating the king's command, and yielded up their bodies so as not to serve or worship any god except their own God.

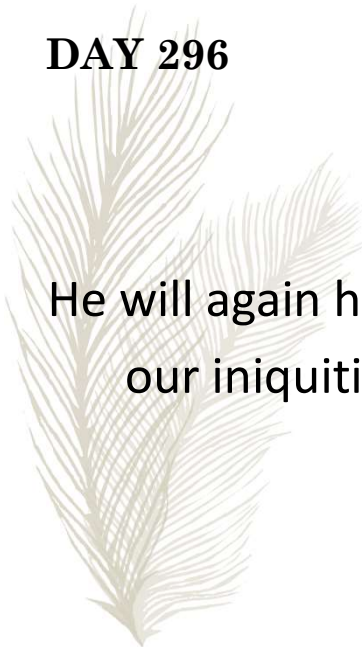


**DAY 295**

Hosea 11:4

I led them with cords of a man, with bonds of love,  
**And I became to them as one who lifts the yoke from their jaws;** And I bent down and fed them.

**DAY 296**



Micah 7:19

He will again have compassion on us, and will subdue our iniquities. You will cast all our sins into the depths of the sea."

**DAY 297**

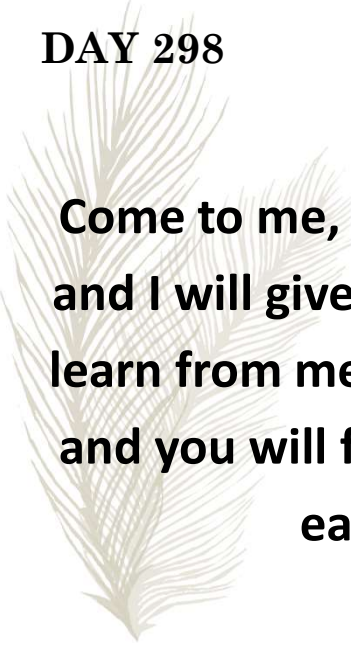


Nahum 1:7

The LORD is good, a refuge in times of trouble. He cares for those who trust in him,

**DAY 298**

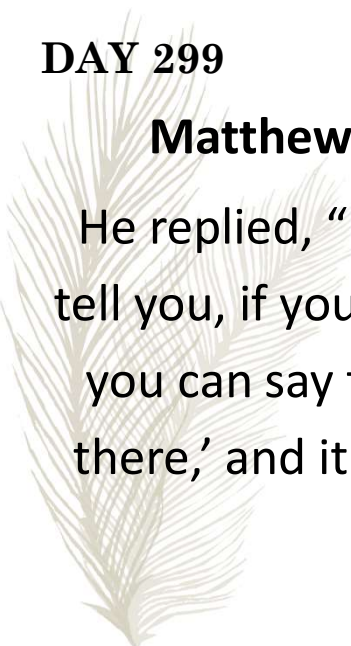
Matthew 11:28-30



**Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”**

**DAY 299**

**Matthew 17:20, Matthew 21:21, Luke 17:6**



He replied, “Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, ‘Move from here to there,’ and it will move. Nothing will be impossible for you.”

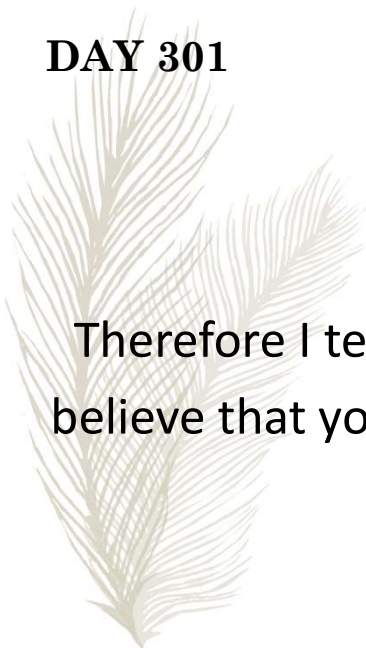
**DAY 300**



Mark 11:22

Have faith in God,” Jesus answered.

**DAY 301**

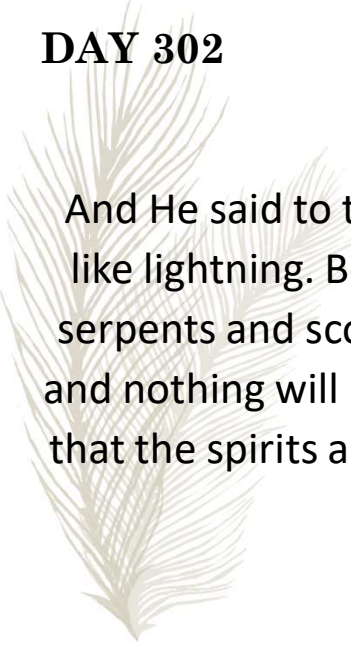


Mark 11:24

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

## DAY 302

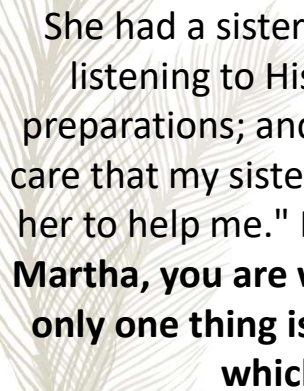
Luke 10:18-20



And He said to them, ' I was watching Satan fall from heaven like lightning. Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will injure you. Nevertheless do not rejoice in this, that the spirits are subject to you, but rejoice that your names are recorded in heaven".

## DAY 303

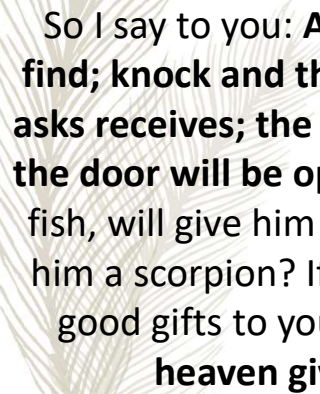
Luke 10:39- 42



She had a sister called Mary, who was seated at the Lord's feet, listening to His word. But Martha was distracted with all her preparations; and she came up to Him and said, "Lord, do You not care that my sister has left me to do all the serving alone? Then tell her to help me." But **the Lord answered and said to her, "Martha, Martha, you are worried and bothered about so many things; but only one thing is necessary, for Mary has chosen the good part, which shall not be taken away from her."**

## DAY 304

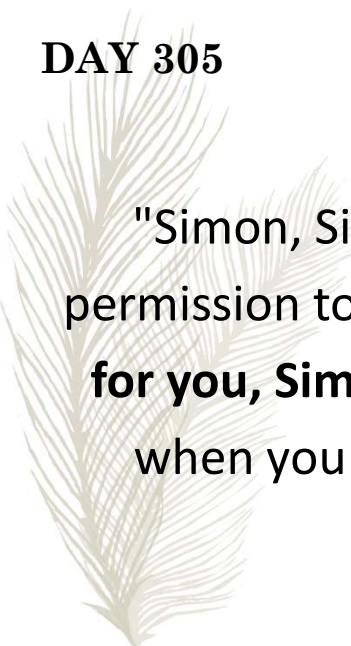
Luke 11:9-13



So I say to you: **Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.** “Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, **how much more will your Father in heaven give the Holy Spirit to those who ask him!**”

## DAY 305

Luke 22:31,32



"Simon, Simon, behold, Satan has demanded permission to sift you like wheat; **But I have prayed for you, Simon, that your faith may not fail.** And when you have turned back, strengthen your brothers."

**DAY 306**



John 8:36

**So if the Son sets you free, you will be free indeed.**

**DAY 307**

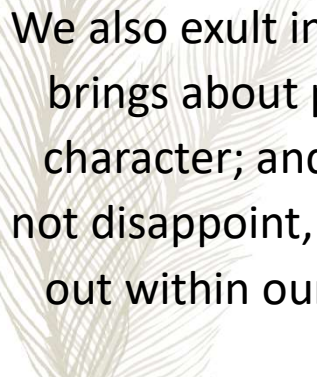


John 15:9

**Just as the Father has loved Me, I have also loved you; abide in My love.**

## DAY 308

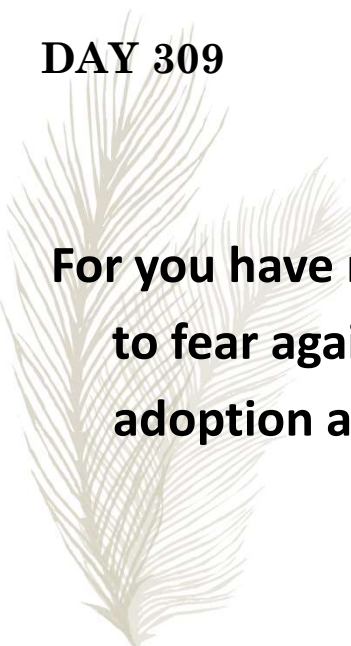
Romans 5:3-5



We also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

## DAY 309

Romans 8:15



**For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, "Abba! Father!"**

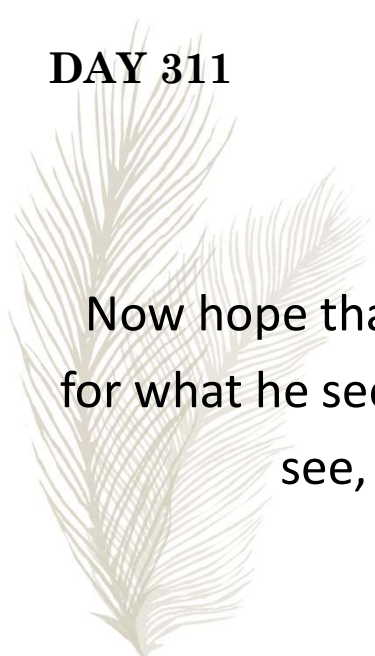
## DAY 310



Romans 8:18

**I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.**

## DAY 311



Romans 8:24-25

Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience

**DAY 312**

Romans 8:26

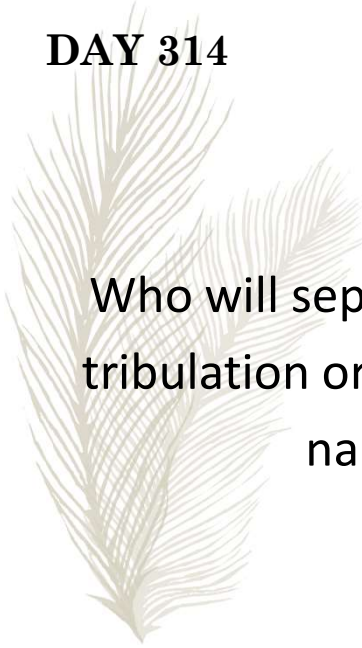
**The spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words.**

**DAY 313**

Romans 8:31

What then shall we say to these things? If God is for us, who can be against us?

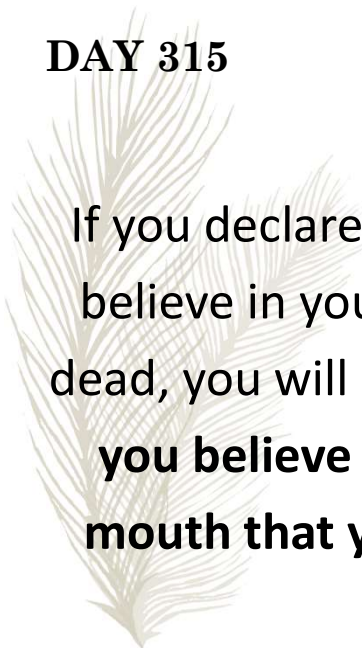
## DAY 314



Romans 8:35

Who will separate us from the love of Christ? Will tribulation or distress or persecution, or famine or nakedness, or peril or sword?

## DAY 315



Romans 10:9-10

If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. **For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.**

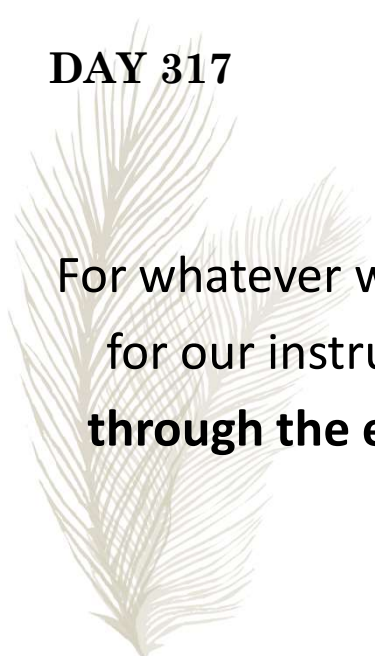
**DAY 316**



Romans 12:12

**Rejoice** in hope, **be patient** in tribulation, **be constant** in prayer.

**DAY 317**



Romans 15:4

For whatever was written in former days was written for our instruction, that **through endurance and through the encouragement of the Scriptures we might have hope.**

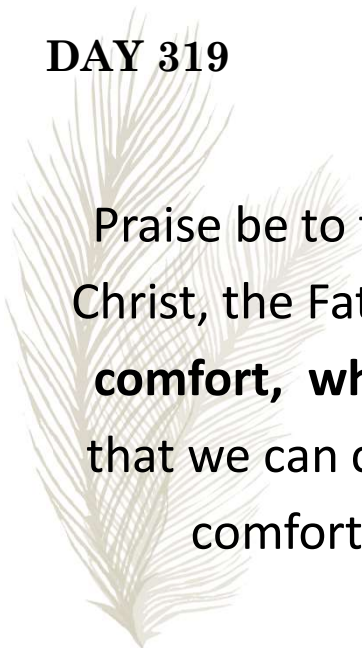
**DAY 318**



1 Corinthians 15:57

but thanks be to God, **who gives us the victory through our Lord Jesus Christ.**

**DAY 319**

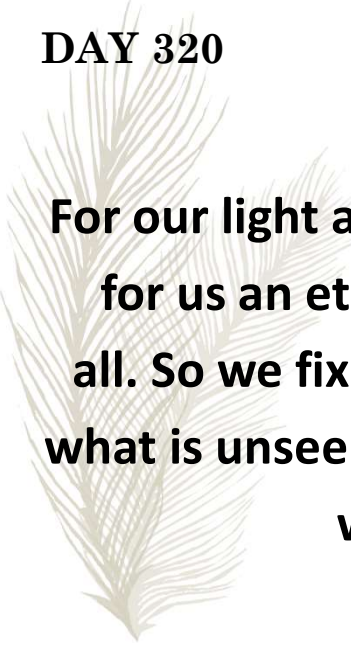


2 Corinthians 1:3-4

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and **the God of all comfort, who comforts us in all our troubles,** so that we can comfort those in any trouble with the comfort we ourselves receive from God.

**DAY 320**

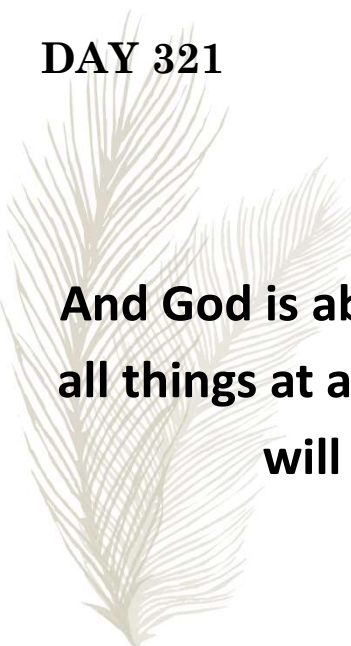
2 Corinthians 4:17-18



**For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.**

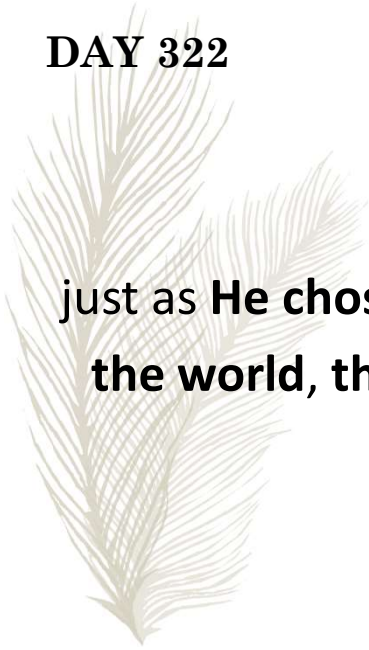
**DAY 321**

2 Corinthians 9:8



**And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.**

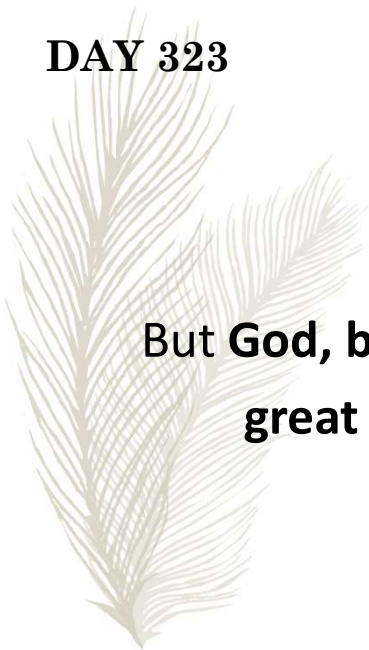
**DAY 322**



Ephesians 1:4

just as **He chose us in Him before the foundation of the world, that we would be holy and blameless before Him in love**

**DAY 323**



Ephesians 2:4

But **God, being rich in mercy, because of His great love with which He loved us,**

## DAY 324

Ephesians 3:16-19

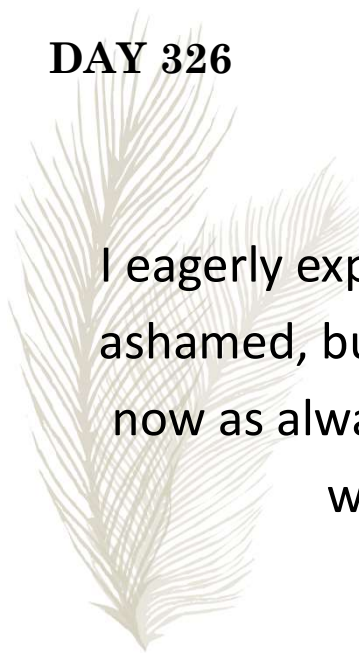
I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, **to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.**

## DAY 325

Ephesians 6:10

Finally, be strong in the Lord and in his mighty power.

**DAY 326**



Philippians 1:20

I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death.

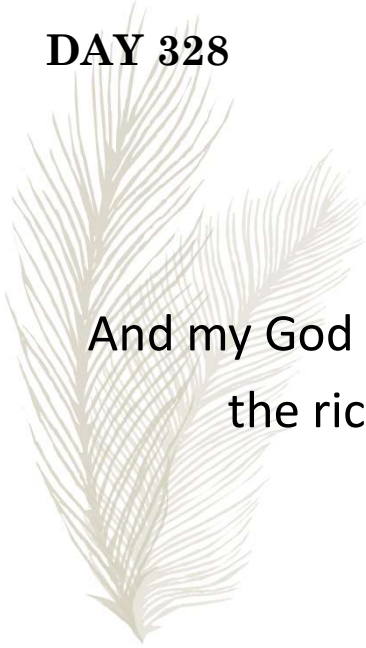
**DAY 327**



Philippians 4:13

I can do all this through him who gives me strength.

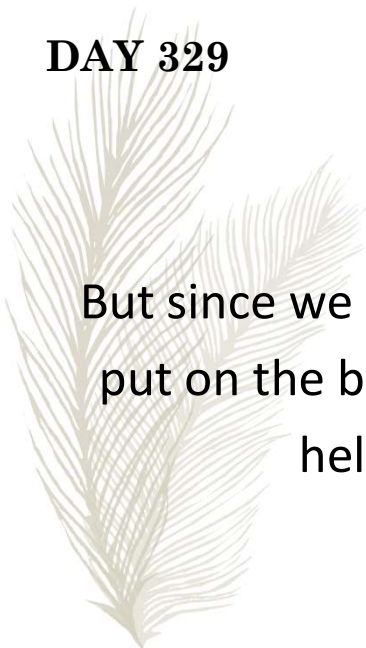
**DAY 328**



Philippians 4:19

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

**DAY 329**



1 Thessalonians 5:8

But since we are of the day, let us be sober, having put on the breastplate of faith and love, and as a helmet, the hope of salvation.

**DAY 330**



2 Thessalonians 3:5

May the Lord direct your hearts into the love of God  
and into the steadfastness of Christ.

**DAY 331**



2 Timothy 1:7

**For God has not given us a spirit of timidity, but of  
power and love and discipline.**

**DAY 332**

2 Timothy 1:10

but it has now been revealed through the appearing of our Saviour, **Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.**

**DAY 333**

Hebrews 2:18

For since He Himself was tempted in that which He has suffered. He is able to come to the aid of those who are tempted.

**DAY 334**

Hebrews 6:10

For **God is not unjust so as to forget your work and the love which you have shown toward His name**, in having ministered and in still ministering to the saints.

**DAY 335**

Hebrews 4:14

Therefore, since **we have a great high priest who has ascended into heaven, Jesus the Son of God**, let us hold firmly to the faith we profess.

**DAY 336**

James 1:12

**Blessed is a man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.**

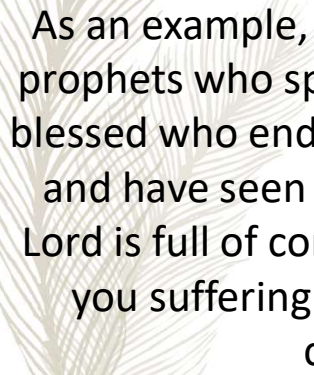
**DAY 337**

James 4:7

**Submit yourselves, then, to God. Resist the devil, and he will flee from you.**

## **DAY 338**

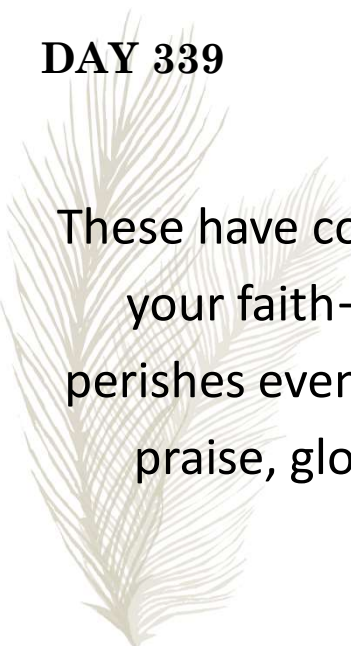
James 5: 10, 11,13



As an example, brethren, of suffering and patience, take the prophets who spoke in the name of the Lord. We count those blessed who endured. You have heard of the endurance of Job and have seen the outcome of the Lord's dealings, that the Lord is full of compassion and is merciful..... Is anyone among you suffering? Then he must pray, Is anyone among you cheerful? He is to sing praises.

## **DAY 339**

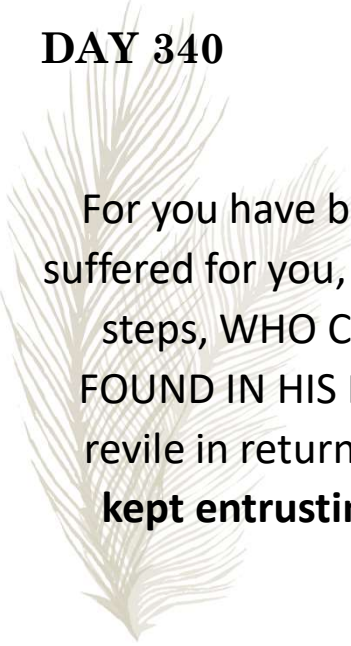
1 Peter 1:7



These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honour when Jesus Christ is revealed.

## DAY 340

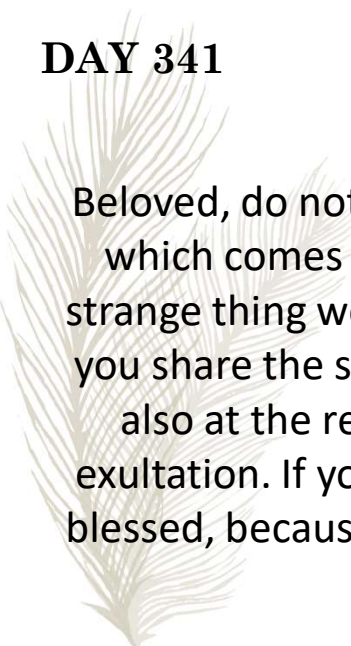
1 Peter 2: 21



For you have been called for this purpose; since Christ also suffered for you, leaving you an example for us to following His steps, WHO COMMITTED NO SIN, NOR WAS ANY DECIET FOUND IN HIS MOUTH; and while being reviled, He did not revile in return; while suffering, He uttered no threats, but **kept entrusting Himself to Him who judges righteously.**

## DAY 341

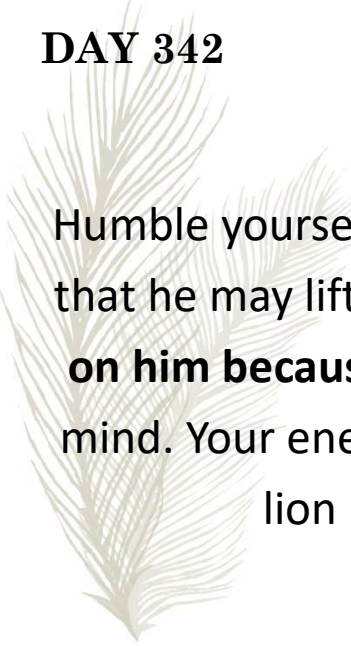
1 Peter 4:12-14



Beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you: But to the degree that you share the sufferings of Christ, keep on rejoicing, so that also at the revelation of His glory you may rejoice with exultation. If you are reviled for the name of Christ, you are blessed, because the Spirit of Glory and of God rests on you.

## DAY 342

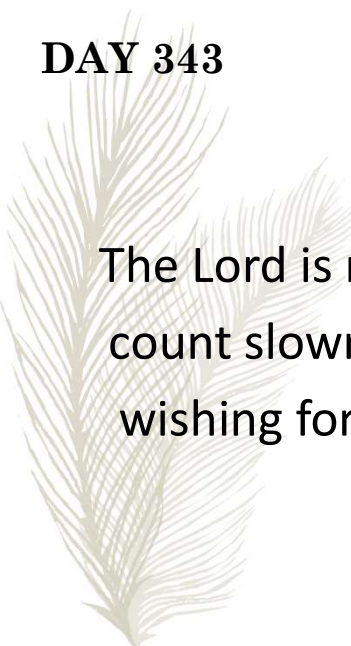
1 Peter 5:6-8



Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. **Cast all your anxiety on him because he cares for you.** Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

## DAY 343

2 Peter 3:9



The Lord is not slow about His promise, as some count slowness, but is patient towards you, not wishing for any to perish but for all to come to repentance.

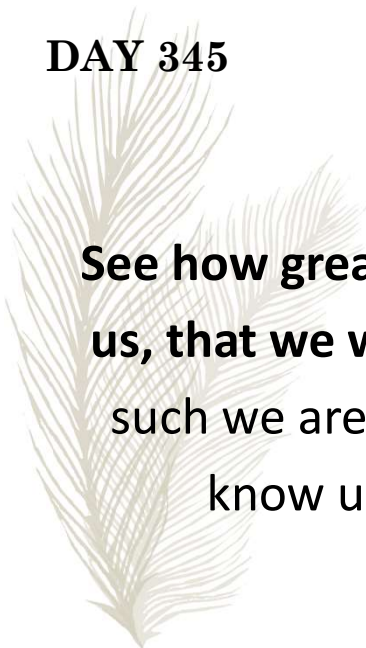
**DAY 344**



1 John 1:9

**If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.**

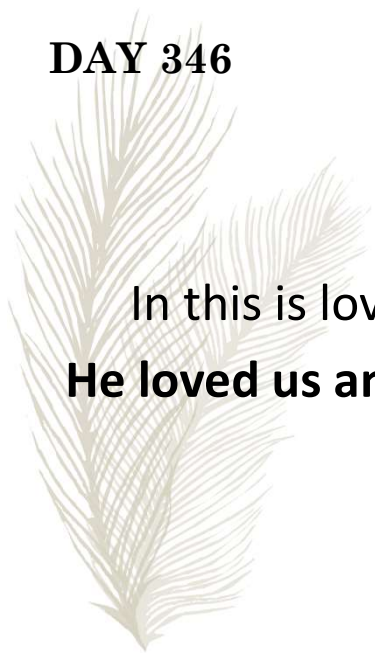
**DAY 345**



1 John 3:1

**See how great a love the Father has bestowed on us, that we would be called children of God; and such we are. For this reason the world does not know us, because it did not know Him.**

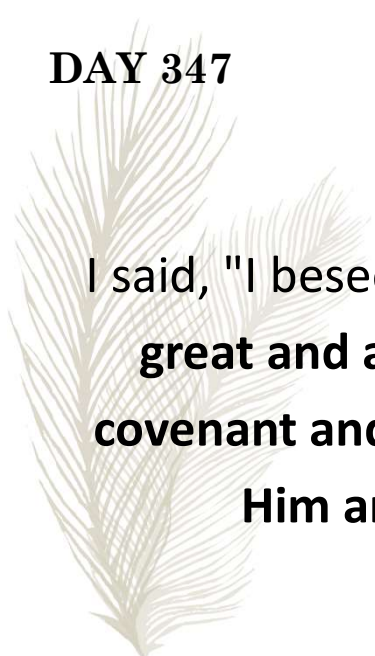
**DAY 346**



1 John 4:10

In this is love, not that we loved God, **but that He loved us and sent His Son to be the propitiation for our sins.**

**DAY 347**



Nehemiah 1:5

I said, "I beseech You, **O LORD God of heaven, the great and awesome God, who preserves the covenant and lovingkindness for those who love Him and keep His commandments,**

**DAY 348**

Jude 1: 20

But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit, keep yourselves in the love of God, waiting anxiously for the mercy of our Lord Jesus Christ to eternal life.

**DAY 349**

Jude 1: 24

Now to Him who is able to keep you from stumbling and to make you stand in the presence of His glory blameless with great joy,



## Have no fear of Death.

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When we are faced with death let us remember the faith of Shadrach, Meshach and Abednego who said, "If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us from Your Majesty's hand. But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up."

Romans 14:8 for if we live, we live for the Lord, or if we die, we die for the Lord; therefore whether we live or die, we are the Lord's.

**DAY 350**



Psalm 56:13

**For you have delivered me from death and my feet from stumbling, that I may walk before God in the light of life.**

**DAY 351**



Psalm 68:20

Our God is a God who saves; **from the Sovereign LORD comes escape from death.**

**DAY 352**



Psalm 72:13

He will take pity on the weak and the needy and **save the needy from death.**

**DAY 353**



Psalm 116:8

**For you, LORD, have delivered me from death, my eyes from tears, my feet from stumbling,**

**DAY 354**



Psalm 116:15

**Precious in the sight of the LORD is the death of his faithful servants.**

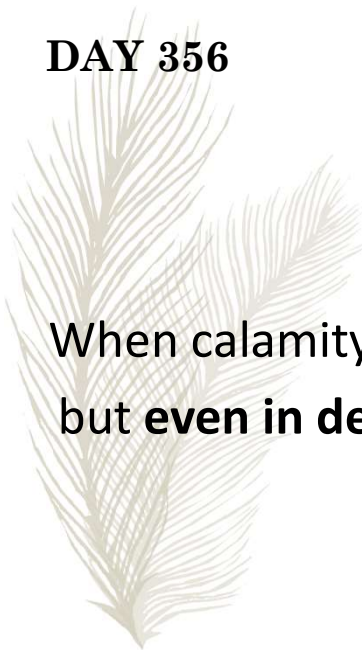
**DAY 355**



Psalm 118:18

The LORD has chastened me severely, but **he has not given me over to death.**

**DAY 356**



Proverbs 14:32

When calamity comes, the wicked are brought down, but **even in death the righteous seek refuge in God.**

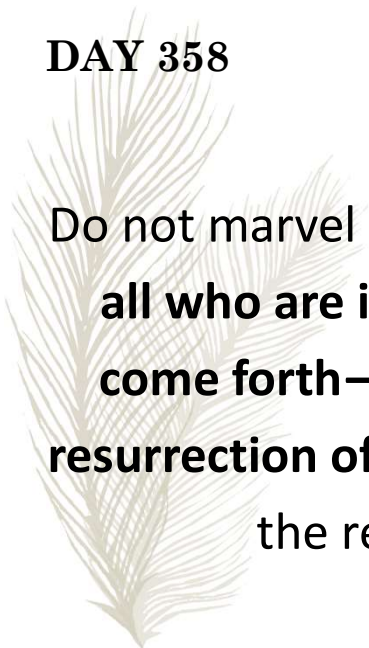
**DAY 357**



Isaiah 57:2

**Those who walk uprightly enter into peace; they find rest as they lie in death.**

**DAY 358**



John 5:28-29

Do not marvel at this; for the hour is coming in which **all who are in the graves will hear His voice and come forth—those who have done good, to the resurrection of life,** and those who have done evil, to the resurrection of condemnation

**DAY 359**

John 11:25

**Jesus told her, 'I am the resurrection and the life.  
Anyone who believes in me will live, even after  
dying**

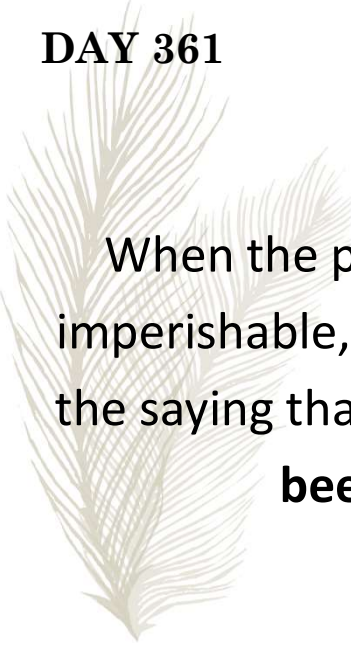
**DAY 360**

John 14:2-3

**In My Father's house are many mansions; if it were  
not so, I would have told you. I go to prepare a place  
for you. And if I go and prepare a place for you, I  
will come again and receive you to Myself; that  
where I am, there you may be also**

## DAY 361

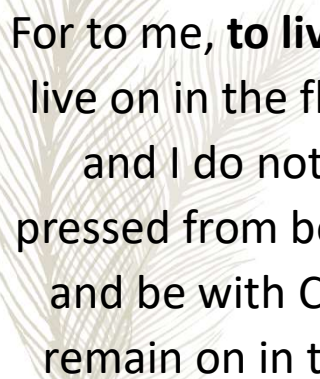
1 Corinthians 15:54



When the perishable has been clothed with the imperishable, and the mortal with immortality, then the saying that is written will come true: **“Death has been swallowed up in victory.”**

## DAY 362

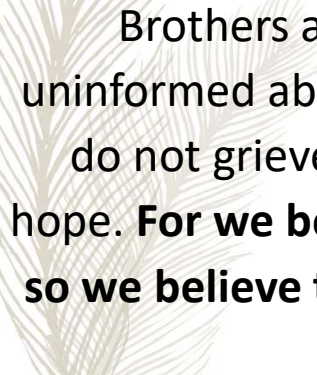
Philippians 1:21-24



For to me, **to live is Christ and to die is gain**. But if I am to live on in the flesh, this will mean fruitful labour for me; and I do not know which to choose. But I am hard-pressed from both directions, having the desire to depart and be with Christ, for that is very much better; yet to remain on in the flesh is more necessary for your sake.

## DAY 363

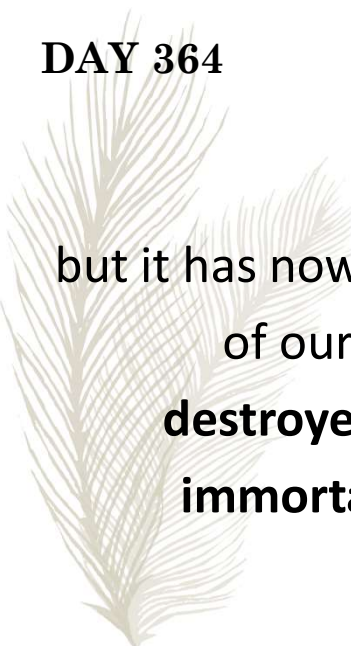
1 Thessalonians 4:13-14



Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope. **For we believe that Jesus died and rose again, and so we believe that God will bring with Jesus those who have fallen asleep in him.**

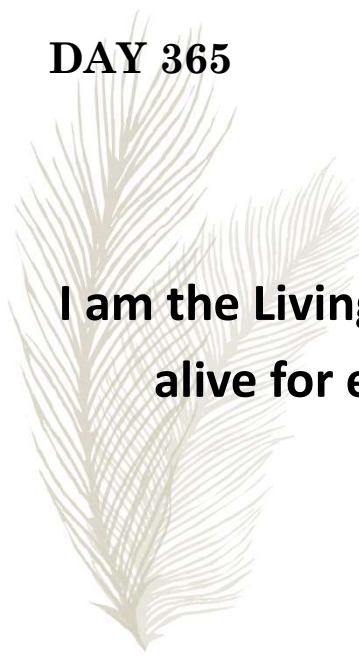
## DAY 364

2 Timothy 1:10



but it has now been revealed through the appearing of our Saviour, **Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.**

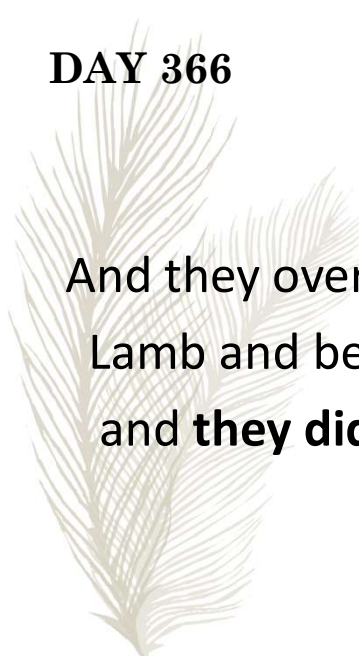
**DAY 365**



Revelation 1:18

**I am the Living One; I was dead, and now look, I am  
alive for ever and ever! And I hold the keys  
of death and Hades.**

**DAY 366**



Revelation 12:11

And they overcame him because of the blood of the  
Lamb and because of the word of their testimony,  
and **they did not love their life even when faced  
with death.**